

No I in Beer

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jean Harris (UK) - April 2020
音乐: No I in Beer - Brad Paisley



Intro: 16 Counts from the heavy beat 84 BPM

Section 1: Point Right fwd, side, touch. Chasse Right, Point Left fwd, side, touch, Chasse Left

1 & 2 Point Right fwd, Point Right to Right side, Touch Right beside left
3 & 4 Step Right to Right side, Close Left beside Right, Step Right to Right side
5 & 6 Point Left fwd, Point Left to Left side, Touch Left bedside Right
7 & 8 Step Left to Left side, Close Right beside Left, Step Left to Left side

Section 2: Rock Recover and Rock Recover, Left Shuffle fwd, step ¼ pivot left

1 - 2 Rock fwd on Right, Recover onto Left,
&3- 4 Step Right beside left, Rock back on Left, Recover onto Right
5 & 6 Left Shuffle fwd (LRL),
7 - 8 Step forward on Right, Pivot ¼ turn Left.

Re-start here on W3 and W6

Section 3: Right Shuffle fwd, Rock Recover, ¼ turn Chasse Left, Rocking Chair

1 & 2 Right Shuffle fwd (RLR)
3 - 4 Rock fwd on Left, Recover onto Left
5 & 6 ¼ turn Left into a Chasse Left
7 & 8& Rock fwd onto Right, Recover onto Left. Rock back on Right, Recover onto Left

Section 4: Toe Heel Stomp x 2, Kick, Flick ¼ turn Left, Stomp, Stomp

1 & 2 Touch Right toe beside Left, Touch Right Heel beside Left, Stomp Right beside Left
3 & 4 Touch Left toe beside Right, Touch Left Heel beside Right, Stomp Left beside Right
5 - 6 Kick Right fwd, Turn ¼ Left as you flick Right foot back
7 - 8 Stomp Right beside Left, Stomp Left beside Right

**Restart: After 16 counts (W2) re-start dance on Wall 3 (12.00)
and after 16 counts (W5) re-start the dance on Wall 6 (3.00)**

Ending: W10 Dance the first 8 counts of the dance turning ¼ left on the final chasse to face 12.00