# Be a Light

1 & 2

3 - 4

5 & 6

5 & 6

7 & 8

Final

1 & 2

3 & 4

5 - 6

7 - 8

1 - 2

7 - 8

**STEP** 

5 & 6

7 & 8

1 - 2

3 & 4

5 – 6



拍数: 32 墙数: 2 级数: Intermediate 编舞者: Manon MESPREUVE (FR) & Vince JULIEN (FR) - March 2020 音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) -Thomas Rhett Intro: 16 counts - Start on the lyrics SECT- 1: SHUFFLE FWD - CROSS - SIDE - CROSS AND HEEL - TOE STRUT 1/2 TURN RF forward - LF behind RF - RF forward Cross LF forward RF - RF to Right Cross LF behind RF - RF to Right - Heel PG Forward & 7 - 8LF behind RF - Toe Right behind - 1/2 turn to right and drop Heel RF SECT- 2: STEP LOCK STEP - SCUFF - 1/4 TURN WITH HOOK - 1/2 TURN WITH HOOK - SHUFFLE SIDE - BEHIND SIDE CROSS LF forward - Lock RF behind LF - LF forward - Scuff RF beside PG 1 & 2 & 3 & 4 & 1/4 turn to Left with RF to Right - Hook LF Behind RF - 1/2 turn to Left with LF to Left - Hook RF Behind RF to Right – LF beside RF – RF to Right Cross LF behind RF - RF to Right - Cross LF forward RF SECT- 3: 1/4 ROCK MAMBO - COASTER STEP - STEP 1/2 TURN - FULL TURN 1/4 turn to right with RF forward – Recover to LF – RF back (12h00) LF back - Step RF beside LF - LF forward RF forward - 1/2 turn to Left (weight on LF) (06h00) 1/2 turn to Left with RF back - 1/2 turn to Left with LF forward (06h00) SECT- 4: LARGE STEP BEHING ROCK BACK TWICE - 4 WALKS WITH 1/4 TURN TO R Large Step RF to Right - Cross LF behind RF & 3 - 4Recover on RF - Large Step LF to Left - Cross RF behind L & 5 - 6Recover on LF - 1/4 turn to Right with RF forward - 1/4 turn to Right with LF forward (12h00) 1/4 turn to Right with RF forward - 1/4 turn to Right with LF forward (06h00) TAG 1: End of the 2nd wall - begin at 06h00 Start TAG 1 face to 12h00 SECT-1: HEEL - HOOK - 1/4 TURN WITH HEEL - FLICK (TWICE) - MAMBO 1/2 TURN - STEP TURN 1 & 2 & Heel RF forward - Hook RF cross LF - 1/4 turn to Left with Heel RF forward - Flick RF (09h00)Heel RF forward - Hook RF cross LF - 1/4 turn to Left with Heel RF forward - Flick RF 3 & 4 & (06h00) Step RF forward – Recover on LF - 1/2 turn to Right with RF forward (12h00) STEP LF forward - 1/2 turn to Right – STEP LF forward (weight on LF) (06h00) End of TAG 1 face to 06h00 TAG 2: Start TAG 2 face to 06h00 End of the 4th wall - begin at 12h00

SECT-1: ROCK STEP - COASTER STEP - ROCK STEP - SHUFFLE 1/2 TURN

RF back - Step LF beside RF - Step RF forward

Step RF forward - Recover on LF

Step LF forward - Recover on RF

# SECT-2: STEP TURN 1/2 TURN - FULL TURN - ROCK MAMBO - COASTER STEP

1 - 2Step RF forward - 1/2 turn to L (weight on LF) (06h00)

3 - 4½ turn to L with RF back - 1/2 turn to L with LF forward (06h00)

5 & 6 Step RF forward – Recover on LF – Step RF back

7 & 8 Step LF back - Step RF beside LF - Step LF forward

#### **BREAK**

End of the 5th wall (begin at 06h00)

Do 2 counts of hold and restart the dance face at 12h00

### **FINAL**

th wall, last wall at 06h00, go until Sect 2 and replace 7&8 by :

# SAILOR 1/4 TURN TO L

7 & 8 Cross LF behind RF - 1/4 turn to Left with RF to Right - Step LF forward

#### **SEQUENCE:**

A - A - TAG 1 - A - A - TAG 2 (X2) - A - BREAK - A - A 16 - FINAL