Castles and Love



拍数: 32 墙数: 1 级数: Beginner

编舞者: Angéline Fourmage (FR) - April 2020

音乐: Castles - Freya Ridings



No Tag – No Restart Start : On the lyrics

1&2 RF FW, LF next to RF, RF FW 3&4 LF FW, RF next to LF, LF FW

5-6 RF FW, Recover to LF

7&8 RF to R side, Recover to LF, RF next to LF

[9-16] Mambo, Together, Mambo, Together, Rocking-Chair

1&2 LF to L side, Recover to RF, LF next to RF3&4 RF to R side, Recover to LF, RF next to LF

5-6 LF FW, Recover to RF7-8 LF Back, Recover to RF

[17-24] Rock-Step, Triple-Step, Coester-Step, Stomp-Up, Side

1-2 LF FW, Recover to RF

3&4 LF back, RF next to LF, LF Back5&6 RF Back, LF next to RF, RF FW

7-8 Stomp Up LF to L side, LF to L side (Weight is on RF)

[25-32] Bump, Bump, Bump, Together, Bump, Bump, Bump, Together

1-2 L Bump(weightison LF), R Bump (weightis on RF)

3-4 L Bump (weightis on LF), RF next to LF

5-6 LF to L Side with L Bump (weight is on LF), R Bump (weight is on RF)

7-8 L Bump (weight is on LF), Recover to RF with LF next to RF (weight is on LF)

*Option 4 Walls

*[25-32] Bump, Bump, Bump, Together, Bump, Bump, Bump, Together 1/4L

1-2 L Bump(weightison LF), R Bump (weightis on RF)

3-4 L Bump (weightis on LF), RF next to LF

5-6 LF to L Side with L Bump (weight is on LF), R Bump (weight is on RF)

7-8 L Bump (weight is on LF), Make ¼ L Recover to RF with LF next to RF (weight is on LF)

Smile and enjoy the dance

Contact: maellynedance@gmail.com