

Ride It

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - April 2020
音乐: Ride It - Regard



(Intro: 16 counts)

[S1] Fwd, Hold, Hitch, Cross Shuffle-&, Rock Behind, 1/4L Shuffle Fwd

1 2& Step forward on R (1), Hold (2), Hitch L (&)
3&4& Cross L over R, Step R close to L, Cross L over R, Step R to the side
5 6 Rock L behind R, Recover weight on R
7&8 Making a ¼ turn left shuffle forward L-R-L (9:00)

[S2] Side-Rock Behind, Scissor Cross, 1/4L-Rock Back, Side Shuffle

&1 2 Step R to the side, Rock L behind R, Recover weight on R
3&4& Step L to the left, Step R close to L, Cross L over R, Make a ¼ turn left stepping back on R
5 6 Rock L behind R, Recover weight on R
7&8 Left side shuffle L-R-L** (6:00)

[S3] Hitch-Behind, Hold, Side Rock-Behind-1/4R, Push Rock, Coaster Step

&1 2 Hitch right knee to the side (&), Step R behind L (1), Hold (2)
&3 Rock L to the side, Recover weight on R
&4 Step L behind R, Make a ¼ turn right stepping forward on R
5 6 Push/Rock forward on L, Recover weight on R
7&8 Step back on L, Step R next to L, Step forward on L (9:00)

[S4] Push Rock, Back-Lock-Back, 1/2L, Hold, Ball-Chase Turn Fwd

1 2 Push/Rock forward on R, Recover weight on L
3&4 Step back on R, Lock/across L over R, Step back on R
5 6& Make a ½ turn left stepping forward on L, Hold, Step forward on R
7&8 Step forward on L, Make a ½ turn right recover weight on R, Step forward on L (9:00)

Repeat

Restart: On Wall 5 count 16 (6:00)**

Finish at 6:00 o'clock, Step forward on R then pivot to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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