

# Ride It

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - April 2020  
音乐: Ride It - Regard



(Intro: 16 counts)

**[S1] Fwd, Hold, Hitch, Cross Shuffle-&, Rock Behind, 1/4L Shuffle Fwd**

1 2&      Step forward on R (1), Hold (2), Hitch L (&)  
3&4&      Cross L over R, Step R close to L, Cross L over R, Step R to the side  
5 6      Rock L behind R, Recover weight on R  
7&8      Making a ¼ turn left shuffle forward L-R-L (9:00)

**[S2] Side-Rock Behind, Scissor Cross, 1/4L-Rock Back, Side Shuffle**

&1 2      Step R to the side, Rock L behind R, Recover weight on R  
3&4&      Step L to the left, Step R close to L, Cross L over R, Make a ¼ turn left stepping back on R  
5 6      Rock L behind R, Recover weight on R  
7&8      Left side shuffle L-R-L\*\* (6:00)

**[S3] Hitch-Behind, Hold, Side Rock-Behind-1/4R, Push Rock, Coaster Step**

&1 2      Hitch right knee to the side (&), Step R behind L (1), Hold (2)  
&3      Rock L to the side, Recover weight on R  
&4      Step L behind R, Make a ¼ turn right stepping forward on R  
5 6      Push/Rock forward on L, Recover weight on R  
7&8      Step back on L, Step R next to L, Step forward on L (9:00)

**[S4] Push Rock, Back-Lock-Back, 1/2L, Hold, Ball-Chase Turn Fwd**

1 2      Push/Rock forward on R, Recover weight on L  
3&4      Step back on R, Lock/across L over R, Step back on R  
5 6&      Make a ½ turn left stepping forward on L, Hold, Step forward on R  
7&8      Step forward on L, Make a ½ turn right recover weight on R, Step forward on L (9:00)

Repeat

Restart: On Wall 5 count 16 (6:00)\*\*

Finish at 6:00 o'clock, Step forward on R then pivot to the front.

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 12/Apr/20)