

Fly Like a Bird

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Regan Love (AUS) - April 2020
音乐: Fly Like a Bird - Boz Scaggs



Start after 32 beats

S1: SCISSOR STEPS

1,2,3,4 Step R to R, Step L beside R, Cross R over L, Hold
5,6,7,8 Step L to L, Step R beside L, Cross L over R, Hold

S2: ROCK TURN AND SHUFFLES

1,2,3&4 Rock R fwd, Recover on L, Turn ½ R stepping R fwd (6:00), Step L beside R, Step L fwd
5,6,7&8 Rock L fwd, Recover on R, Turn ½ L stepping L fwd (12:00), Step R beside L, Step R fwd

S3: SIDESTEP, STEP FORWARD X 2

1,2,3,4 Step R to R, Step L beside R, Step R fwd, Touch L beside R
5,6,7,8 Step L to L, Step R beside L, Step L fwd, Touch R beside L

S4: STEP BACK WITH SWEEPS, TURN ¼ LEFT

1,2,3,4 Step R back, Sweep L back, Step L back, Sweep R back
5,6,7,8 Step R back, Sweep L back, Turn ¼ L stepping L back (9:00), Touch R beside L

No tags, No restarts