

Que Calor

拍数: 128 墙数: 1 级数: Phrased Intermediate
编舞者: Ayek Lesmana (INA) - April 2020
音乐: Que Calor (feat. J Balvin & El Alfa) - Major Lazer



Sequence : A B A TAG C A A A A
Start dance after 48 counts

Part A : 32 Count

A.1. SAMBA WHISK – WALK – FORWARD LOCK SHUFFLE

1 – a2 Step R to side, Ball L slightly behind R, Recover on R
3 – a4 Step L to side, Ball R slightly behind L, Recover on L
5 – 6 Walk forward R, L
7&8 Step R forward, Lock L behind R, Step R forward

A.2. PIVOT ½ RIGHT X2 – BACK WALK – SIDE TOUCH

1 – 2 Step L forward, Turn ½ right Step R in place
3 – 4 Step L forward, Turn ½ right Step R in place
5 6 7 8 Walk back L – R – L, Touch R to side

A.3. CROSS ROCK – RECOVER – SIDE – JAZZ BOX

1&2 Cross R over L, Recover on L, Step R to side
3&4 Cross L over R, Recover on R, Step L to side
5 6 7 8 Cross R over L, Step L back, Step R to side, Step L forward

A.4. SIDE – HOLD/CHEST POP – CLOSE – SIDE – HOLD/CHEST POP – SIDE - HIP ROLL

1 – 2& Step R to side, Hold (Chest Pop), Close R beside L
3 – 4& Step L to side, Hold (Chest Pop), Close L beside R
5 6 7 8 Step R to side and hip roll (5), hip roll 3x (6, 7, 8)

PART B : 32 COUNTS

B.I. HOLD - CLAP X4 – HIP BUMP X4

1 - 2 Hold and Clap (1), Clap (2)
3 - 4 Clap 2x
5 6 7 8 Hip bump to right, back, left, back to center

B. II. HOLD – CLAP X4 – HIP BUMP X4

1 - 2 Hold and Clap (1), Clap (2)
3 - 4 Clap 2x
5 6 7 8 Hip bump to left, back, right, back to center

B. III. TURN ¼ RIGHT – WALK – TURN ¼ LEFT – SIDE TOUCH

1 2 3 4 Turn ¼ right, Walk forward R, L, Turn ¼ left Step R to side, Touch L to side
5 6 7 8 Turn ¼ left, Walk forward L, R, Turn ¼ right Step L to side, Touch R to side

B. IV. TURN FULL RIGHT – WALK AROUND – SIDE STEP – IN PLACE – BODY WAVE

1 2 3 4 Walk R, L, R, L making full turn right (ending facing 12.00)
5 - 6 Step R to side, Step L in place
7 - 8 Body wave (from down to up)

PART C : 64 COUNTS

C.I. BALL – HEEL IN – HEEL OUT – IN PLACE – UNWIND ½ RIGHT – SIDE TOUCH

1 2 3 4 Ball R to side, Heel in, Heel out, Step right in place

5 - 6 Touch R behind L, Unwind ½ R
7&8 Touch L to side, Close L beside R, Touch R to side

C. II. PIVOT ¼ LEFT – CROSS – SIDE STEP – IN PLACE – HAND FORWARD – BODY WAVE

1 - 2 Step R forward, Turn ¼ left Step L in place (3:00)
3&4 Cross R over L, Step L to side, Step R in place
5 - 6 Right hand fist forward, left hand fist forward
7 - 8 Body wave

C.III. TURN ¼ LEFT WITH TAP – CROSS – SIDE – BACK – KICK BALL CHANGE

1 2 3 4 Tap right side 4x (making ¼ turn left)
5&6 Cross R over L, Step L to side, Step right back (bend the knees/drop your body)
7&8 Kick L forward, Ball L next to R, Step R in place

C.IV. BACK WALK – COASTER STEP – WALK FORWARD – PIVOT ¼ LEFT

1 - 2 Walk back L, R
3&4 Step L back, Close R beside L, Step L forward
5 - 6 Walk forward R, L
7 - 8 Step R forward, Turn ¼ left Step L in place (9:00)

C.V. HIP BUMP – ½ HIP ROLL – TURN ¼ LEFT WITH TAP

1 - 2 Hip bump R, L
3 - 4 ½ Hip roll right to left (slow)
5 6 7 8 Tap right side 4x (making ¼ turn left)

C. VI. HIP BUMP – ½ HIP ROLL – IN PLACE x4

1 - 2 Hip bump L, R (6:00)
3 - 4 ½ Hip roll left to right (slow)
5 6 7 8 Step L in place 4x

C.VII. DOROTHY - PIVOT ½ LEFT x2

1 - 2& Step R diagonal forward, Lock L behind R, Step R diagonal forward
3 - 4& Step L diagonal forward, Lock R behind L, Step L diagonal forward
5 - 6 Step R forward, Turn ½ left Step L in place
7 - 8 Step R forward, Turn ½ left Step L in place

C. VIII. TURN ½ LEFT – WALK AROUND

1 - 8 Walk start with RF and making ½ turn left (ending facing 12:00)

***TAG : 16 Count (facing 12:00)**

1 2 3 4 Step R to side (1), Drag L toward R (2), Step L back (3), Step R in place (4)
5 6 7 8 Step L to side (5), Drag R toward L (6), Step R back (7), Step L in place (8)
&1&2 Close R beside L and Step R in place (&), Step L in place (1), Step R in place (&), Step L in place (2)
&3&4 Step R in place (&), Step L in place (3), Step R in place (&), Step L in place (4)
5 6 7 8 Step R out to side (5), Step L out to side (6), Step R back to center (7), Close L next to R (8)

Enjoy the dance

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