

Reverse Life

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - April 2020
音乐: Reverse Life:Poor Man (역편인생) - Jang Minho (장민호)



Sequence: 64-Tag1 / 64-Tag1 / 32 / 64-Tag1 / Tag2-Tag1 / 64-Tag1 / 64-Tag1(2c)

Intro: Start on Vocal

S1: Rock, Rock, Side, Hitch. 2X

1-2 Rock R to right side, Rock L to left side. (hip & body sway (R-L))
3-4 Step R to right side, Hitch L knee to left diagonal forward. (angle upper body left)
5-6 Rock L to left side, Rock R to right side. (hip & body sway (L-R))
7-8 Step L to left side, Hitch R knee to right diagonal forward. (angle upper body right)

S2: Rocking Chair, Forward, Pivot 1/2Turn L, Forward, Scuff

1-2 Rock R forward, Recover on L.
3-4 Rock R back, Recover on L.
5-6 Step forward on R, Pivot 1/2turn L. 6:00
7&8 Step forward on R. Scuff L beside R.

S3: Rock, Rock, Side, Hitch. 2X

1-2 Rock L to left side, Rock R to right side. (hips & body sway (L-R))
3-4 Step L to left side, Hitch R knee to right diagonal forward. (angle upper body right)
5-6 Rock R to right side, Rock L to left side. (hips & body sway (R-L))
7-8 Step R to right side, Hitch L knee to left diagonal forward. (angle upper body left)

S4: Rocking Chair, Forward, Pivot 1/2Turn R, Forward, Scuff

1-2 Rock L forward, Recover on R.
3-4 Rock L back, Recover on R.
5-6 Forward on L, Pivot 1/2turn R. 12:00
7-8 Forward on L, Scuff R beside L. *Restart

S5: Diagonal Forward, Together, Heels Bounce. 2X

1-2 Step R forward diagonal right, Step L next to R.
3-4 Both heels up & down. 2X (end weight on right)
5-6 Step L forward diagonal left, Step R next to L.
7-8 Both heels up & down. 2X (end weight on L)

S6: Diagonal Back-Touch 2X, Side, Cross, 1/4Turn R with Bounce 2X

1-2 Step R back diagonal right, Touch L beside R.
3-4 Step L back diagonal left, Touch R beside L.
5-6 Step R to right side, Cross L slightly over R,
7-8 1/4turn R while both heels bounce 2X. (end weight on L) 3:00

S7: Side Strut, Cross Strut, Monterey 1/4Turn R

1-2 Step R toe to right side, Drop R heel to floor. (arms above right shoulder and finger snap)
3-4 Step L toe across R, Drop L heel to floor. (arms down left waist and finger snap)
5-6 Touch R toe to right side, 1/4turn R stepping R next to L.6:00
7-8 Touch L toe to left side, Step L next to R.

S8: Hitch R, Point, Together, Point, Hip Bumps, Heel Drop, Touch

1-2 Hitch R across L, Point R toe to right side.
3-4 Step R next to L, Point L toe to left side.
5&6& Hips bumping (L-R-L-R) with hips move towards left.
7-8 Drop L heel to floor, Touch R beside L.

***Restart: During wall 3, restart the dance after count 32.**

Tag1 (4 counts):

1-2 Step R to R side while L heel lifting up (body angle diagonal left), Hold.
3-4 Step L to L side while R heel lifting up (body angle diagonal right), Hold.

Tag2 (4 counts): 1/4Turn R & Knee Pops, 1/4Turn R & Knee Pops

1-2 1/4turn R stepping R forward while L heel up, Step L forward while R heel up.
3-4 1/4turn R stepping R forward while L heel up, Step L forward while R heel up.

Enjoy Dancing Always~!

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