

# Four Minutes Of Your Time

**COPPER** **KNOB**  
BY SHEETS

拍数: 32      墙数: 4      级数: Improver Smooth Cha Cha  
编舞者: Donnie Allen (USA) - April 2020  
音乐: Four Minutes - Chad Cooke Band



**Intro: 32 counts**

**Restarts on Wall 3-7-10 after 20 counts**

## **SIDE ROCK R, CROSS SHUFFLE, SIDE ROCK L, CROSS SHUFFLE**

1-2            Rock RF to R side, Recover onto LF  
3&4           Cross RF over LF, Step LF to L side, Cross RF over LF  
5-6            Rock LF to L side, Recover onto RF  
7&8            Cross LF over RF, Step RF to R side, Cross LF over RF

## **STEP R, L TOGETHER (OPTION L LOCK BEHIND), ¼ TURN R SHUFFLE FORWARD, ½ TURN PIVOT R, L SHUFFLE FORWARD**

1-2            Step RF to R Side, Step LF together (option: L lock behind)  
3&4            ¼ turn R, Shuffle Forward RF, LF, RF (3:00)  
5-6            Step Forward on LF, ½ turn Pivot R stepping on RF (9:00)  
7&8            Left Shuffle Forward LF, RF, LF

## **SWAY R, L, R, L, R SHUFFLE FORWARD, ROCK L RECOVER R**

1-2-3-4       Sway Hips R-L-R-L  
**(Restarts on Wall 3-7-10)**  
5&6            Shuffle Forward RF, LF, RF  
7-8            Rock LF Forward, Recover On RF

## **SHUFFLE ½ TURN L, WALK FORWARD 2 STEPS, RIGHT CROSSOVER JAZZ BOX**

1&2            ½ Turn L Shuffle Forward LF, RF, LF (3:00)  
3-4            Walk Forward RF, LF  
5-6-7-8       Cross RF over LF, Step back on LF, Step RF to R Side, Cross LF over RF

**Real Easy Restarts on Wall 3-7-10 after 20 counts; always after the 4 count sways.**

**On last wall facing 6:00 do first 16 counts then step out on R turn ¼ L to 12:00**

**Hope you enjoy!! Donnie**