

Too Lonely, Too Long

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Marja Urgert (NL) & Marianne van der Toorn Vrijthoff (NL) - April 2020
音乐: Too Lonely, Too Long - Granger Smith



Intro: 16 Counts

Sec 1: Side, Touch, Side, Touch, Side, Together, Step fwd, Touch, Side, Touch, Side, Touch, Side, Coaster Step, Scuff fwd

1&2& RF. Step side - LF. Touch toe beside RF - LF. Step side - RF. Touch toe beside LF
3&4& RF. Step side - LF. Step together - RF. Step fwd - LF. Touch toe beside RF
5&6& LF. Step side - RF. Touch toe beside LF - RF. Step side - LF. Touch toe beside RF
7&8& LF. Step back - RF. Step together - LF. Step fwd - RF. Scuff fwd

Sec 2: Rock fwd, Recover, 1/2 Turn R, Scuff, Step-Lock-Step, Scuff, Step fwd, Touch Behind, Step Back, Kick fwd, Step Back, Kick fwd, Step Back, Kick fwd

1&2& RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd - LF. Scuff fwd (6:00)
3&4& LF. Step fwd - RF. Lock behind LF - LF. Step fwd - RF. Scuff fwd
5&6& RF. Step fwd - LF. Touch toe behind RF - LF. Step back - RF. Kick fwd
7&8& RF. Step back - LF. Kick fwd - LF. Step back - RF. Kick fwd **Restart Point**

Sec 3: Coaster Step, Shuffle fwd, 1/4 Chasse, 1/2 Turn L Shuffle fwd

1&2 RF. Step back - LF. Step together - RF. Step fwd
3&4 LF. Step fwd - RF. Close beside LF - LF. Step fwd
5&6 RF. 1/4 Turn L step side - LF. Close beside RF - RF. Step side (3:00)
7&8 LF. 1/2 Turn L step fwd - RF. Close beside LF - LF. Step fwd (9:00)

Sec 4: Stomp fwd, Touch, Point, Touch, Stomp fwd, Touch, Point, Touch, Rock fwd, Recover, 1/2 Turn R, Scuff fwd, Step fwd, 1/4 Turn R, Cross, Hold

1&2& RF. Stomp fwd - LF. Touch toe beside RF - LF. Touch toe to L side - LF. Touch toe beside RF
3&4& LF. Stomp fwd - RF. Touch toe beside LF - RF. Touch toe to R side - RF. Touch toe beside LF
5&6& RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd - LF. Scuff fwd (3:00)
7&8& LF. Step fwd - 1/4 Turn R - LF. Cross over RF - Hold (6:00)

Sec 5: Point, Touch, Heel, Hook, Step fwd, Touch Behind, Step Back, Kick, Coaster Step, Scuff, Step fwd, 1/4 Turn R, Cross, Hold

1&2& RF. Touch toe to R side - RF. Touch toe beside LF - RF. Dig heel fwd - RF. Hook across L-leg
3&4& RF. Step fwd - LF. Touch toe behind RF - LF. Step back - RF. Kick fwd
5&6& RF. Step back - LF. Step together - RF. Step fwd - LF. Scuff fwd
7&8& LF. Step fwd - 1/4 Turn R - LF. Cross over RF - Hold (9:00)

Sec 6: Step Diagonal fwd, Touch, Step Diagonal Back, Touch, Step Diagonal Back, Touch, Step fwd, Scuff, Rock fwd, Recover, 1/2 Turn R, Hold, Stomp Stomp, Heel Bounce

1&2& RF. Step diagonal R fwd - LF. Touch toe beside RF - LF. Step diagonal L back - RF. Touch toe beside LF
3&4& RF. Step diagonal R back - LF. Touch toe beside RF - LF. Step fwd - RF. Scuff fwd
5&6& RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd - Hold (3:00)
7&8& LF. Stomp beside RF - RF. Stomp in place - LF+RF. Lift both heels up - LF+RF. Drop both heels down

Start Again

Tag and Restart: After the 4th wall (12:00)

Rock fwd, Recover, Side Rock, Recover, Coaster Step, Stomp Together

1&2& RF. Rock fwd - LF. Recover - RF. Rock to R side - LF. Recover

3&4& RF. Step back - LF. Step together - RF. Step fwd - LF. Stomp beside RF

Restart: In the 5th wall after count 16 (6:00)

Contact: marja42@kpnmail.nl / mvdtoornvrijthoff@gmail.com
