

Hey My Love

拍数: 32 墙数: 4 级数: Improver
编舞者: Muki Matohir Royal (INA) - April 2020
音乐: Hey My Love - DEEPSYSTEM



Start on Lyric
No Tag – No Restart

S1: SIDE MAMBO – LOCK SHUFFLE FORWARD

1&2 Step R to side, Recover on L, Close R beside L
3&4 Step L to side, Recover on R, Close L beside R
5&6 Step R forward, Lock L behind R, Step R forward
7&8 Step L forward, Lock R behind L, Step L forward

S2: DIAMOND ¼ RIGHT – FORWARD – TURN ½ LEFT – RECOVER – FORWARD - CLOSE

1&2 Cross R over L, Step L to side, Cross R behind L diagonal back
3&4 Step L back diagonal, Step R to side, Step L forward
5&6 Step R forward, Turn ½ left recover on L, Step R forward
7&8 Step L forward, Recover on R, Close L beside R

S3: BOTA FOGO – SYNCOPATED WEAVE

1&2 Cross R over L, Ball L to side, Recover on R
3&4 Cross L over R, Ball R to side, Recover on L
5&6& Cross R over L, Step L to side, Cross R behind L, Step L to side
7&8 Cross R over L, Step L to side, Recover on R

S4: BOTA FOGO - SYNCOPATED CROSS SHUFFLE

1&2 Cross L over R, Ball R to side, Recover on L
3&4 Cross R over L, Ball L to side, Recover on R
5&6& Cross L over R, Step R to side, Cross L over R, Step R to side
7&8 Cross L over R, Step R to side, Cross L over R

Enjoy The Dance

For more informations about this dance please contact me at: mooki.dance@gmail.com