

I'm Feelin' Good

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Kat Nichols (USA) - April 2020
音乐: It Feels Good - Drake White



Tag (Wall 3 on the 2nd 8 Count)

Section 1: Kick RF and Point LF, Kick LF and Point RF, Rock-Recover RF/LF, Coaster Step RF

1&2 Kick RF Forward (1), Step RF Down (&), Kick LF Side (2)
3&4 Kick LF Forward (3), Step LF Down (&), Kick RF Side (4)
5-6 Rock RF Forward (5), Recover LF Back (6)
7&8 Step RF Back (7), Step LF Forward (&), Step RF Forward (8)

Section 2: Rock-Recover LF/RF, ¼ Shuffle LF, Cross-Side, Syncopated Vine

1-2 Rock LF Forward (1), Recover RF Back (2)
3&4 Step LF ¼ Side (3), Step RF Together (&), Step LF Side (4)
5-6 Cross RF Over LF (5), Step LF Side (6)
7&8& Cross RF Behind (7), Step LF Side (&), Cross RF Over LF (8), Step LF Side (&)

Section 3: Hold, Step, Cross Hold, Side Rock, ½ Coaster Step

1-2 Cross RF Behind (1), Hold RF Behind (2)
&3-4 Step LF Side (&), Cross RF Over LF (3) Hold (4)
5-6 Step LF Side (5), Recover RF Side (6)
7&8 Step LF Back ¼ - Over Left Shoulder (7), Step RF Together (&), Step LF ¼ Forward (8)

Section 4: Toe Tap Full Turn, Rock-Recover RF/LF, Out-Out RF/LF

1&2& Tap R Toe- Next to LF (1), Step ⅓ RF- Over Left Shoulder (&), Tap L Toe- Next to RF (2),
Step ⅓ RF- Over Left Shoulder
3&4& Tap R Toe- Next to LF (3), Step ⅓ RF- Over Left Shoulder (&), Tap L Toe- Next to RF (4),
Step Down LF (&)
5-6 Rock Forward RF (5), Recover Back LF (6)
&7-8 Step Out LF (&), Step Out RF (7), Hold (8)

Tag - (Wall 3)

Section 2: Rock-Recover LF/RF, ½ Shuffle LF, Cross-Unwind Full Turn RF

1-2 Rock LF Forward (1), Recover RF Back (2)
3&4 Step ¼ LF, Step Together RF, Step ¼ LF Forward
5-6-7-8 Cross RF Over LF, Unwind Full Turn - Over L Shoulder