

Warm It Up

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Mona Gardner (USA) - April 2020
音乐: Juke Joint Jumpin' - Barbara Carr



Introduction: 48-counts

Group 1: WALK, V-STEP

1-2 Walk forward R-L
3-4 Walk forward R-L
5-6 Step R forward diagonally R, Step L forward diagonally L (wide)
7-8 Step R back to center, Step L next to R (narrow)

Group 2: WALK, UPSIDE DOWN V-STEP

1-2 Walk back R-L
3-4 Walk back R-L
5-6 Step R to back diagonally R, Step L back diagonally L (wide)
7-8 Step R forward to center, Step L next to R (narrow)

Group 3: STEP, KICK-BALL-CHANGE

1-2 Step R, touch L
3&4 Kick-ball-change L
5-6 Step L, touch R
7&8 Kick-ball-change R

Group 4: TURNING VINE, VINE

1-2 Step side R, L behind R
3&4 Turn $\frac{1}{4}$ R Triple Step (R-L-R)
5-6 Step side L, R behind L
7&8 Triple Step (L-R-L)

No Tags, No Restarts
