

Sway With Me

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Metty (INA) - April 2020
音乐: Sway With Me - Saweetie & GALXARA



Intro, 12 Count - Start on lyric " Start to play "
Tag, 32 Count – After Wall 3 and 6

I. Forward Rock – Triple step (R – L)

1 – 2 Step R fwd (1), Recover on L (2) Push Hip up and down
3 & 4 R close beside L (3), L tap beside R (&), R tap in place beside L (4)
5 – 6 Step L fwd (5), Recover on R (6) push Hip up and down
7 & 8 L close beside R (7), L tap beside R (&), L tap in place beside R (8)

II. Cross Rock – Chasse (R – L)

1 – 2 Cross R over left (1), Recover on L (2)
3 & 4 Step R to side (1), Step L together (&), Step R to side (4)
5 – 6 Cross L over Right (5), Recover on R (6)
7 & 8 Step L to side (7), Step R together (&), Step L to side (8)

III. Unwind Full Turn – Side Drag – Rock Step

1 – 2 Cross R over left (1), Unwind full turn left (Weight finishing on left) (2)
3 – 4 Slide R to side (3), Step L beside right (4)
5 – 6 Step R back (5), Recover on L (6)
7 – 8 Step R side (7), Recover on L (8)

IV. Forward Rock – Shuffle ½ Turn R – Slide Drag

1 – 2 Step R fwd (1), Recover on L (2)
3 & 4 Turn ¼ Right (1), Step L together (&), Turn ¼ Right (4) > 06.00
5 – 6 Slide touch L to side (5), Hold (6)
7 – 8 Drag L towards right (7), Recover on L (8)

Tag :

1-2-3-4 Step R fwd (1), Turn ½ to right as you sweep L to touch beside right (3 count)
5-6-7-8 Clap hands (4 count follow the music) beside your left ear

1-2-3-4 Step L fwd (1), Turn ½ to left as you sweep R to touch beside left (3 count)
5-6-7-8 Clap hands (4count follow the music) beside your right ear

1-2-3-4 Step R fwd (1), Sweeping L out to front (3 count)
5-6-7-8 Step L fwd (5), Sweeping R out to front (3 count)

1-2-3&4 Step R fwd (1), Turn ½ left (2), Step R fwd (3), Step Lock L (&), Step R fwd (4)
5-6-7&8 Hip Sway L,R,L,R,L

Enjoy Your Dance!!!!!!

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