

Roll Tide Roll

拍数: 32 墙数: 2 级数: Beginner
编舞者: Marianne van der Toorn Vrijthoff (NL) - April 2020
音乐: Roll Tide Roll - Kevin Moon



No Tag or Restart

Intro: 16 Counts

Sec 1: Cross, Side, Behind, Sweep, Behind, Side, Cross, Sweep

1-2-3-4 RF. Cross over LF - LF. Step to L side - RF. Cross behind LF. LF. Sweep from front to back
5-6-7-8 LF. Cross behind RF - RF. Step to R side - LF. Cross over RF - RF. Sweep from back to front

Sec 2: Step fwd, Touch Behind, Step Back, 1/4 Turn R, Step fwd, Touch Behind, Step Back, Hook and Snap

1-2-3-4 RF. Step fwd - LF. Touch toe behind RF - LF. Step back - RF. 1/4 Turn R step fwd (3:00)
5-6-7-8 LF. Step fwd - RF. Touch toe behind LF - RF. Step back - LF. Hook across R-leg and snap fingers

Sec 3: Step fwd, Lock, Step-Lock-Step, Rock fwd, Recover, 1/4 Chasse R

1-2 LF. Step fwd - RF. Lock behind LF
3&4 LF. Step fwd - RF. Lock behind LF - LF. Step fwd
5-6 RF. Rock fwd - LF. Recover
7&8 RF. 1/4 Turn R step to R side - LF. Close beside RF - RF. Step to R side (6:00)

Sec 4: Cross, Side, Behind, 1/4 Turn R, Step fwd, Pivot 1/2 Turn R, 1/4 Chasse R

1-2-3-4 LF. Cross over RF - RF. Step to R side - LF. Cross behind RF - RF. 1/4 Turn R step fwd (9:00)
5-6 LF. Step fwd - Pivot 1/2 Turn R (3:00)
7&8 LF. 1/4 Turn R step to L side - RF. Close beside LF - LF. Step to L side (6:00)

Start Again

Contact: mvdtoornvrijthoff@gmail.com