

Dirty

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hope Gray (USA) - August 2019
音乐: Dirty Work - Austin Mahone



INTRO: 16

TOE TOUCH, TOGETHER, TOE TOUCH, WEAVE (X2)

1&2. R- toe touch to R side, touch R together next to L, R- toe touch to R side
3&4. WEAVE to L, step R behind L, step L to L side, R cross over L
5&6. L- toe touch to L side, touch L together next to R, L- toe touch to L side
7&8. WEAVE to R, step L behind R, step R to R side, L cross over R

TRAVELING HIP BUMPS BACKWARDS X2, STEP, STEP, SAILOR-SCUFF-HITCH **HOLD** syncopated

1,2. R Step back, Hip bump (or grind)
3,4. L Step back, Hip bump (or grind)
5,6. R Step back (WALK), L Step back (WALK)
7&8& R sailor step, Step R back behind L, take weight onto R as L comes up off floor, L step down, finish sailor step with a R heel SCUFF Forward, R Knee hitch ** HOLD**

(syncopated 7&8&)

STEP LOCK STEP, STEP LOCK STEP, ROCK RECOVER, SHUFFLE ½ TURN

1&2 R Step forward, L step forward & lock behind R (cross behind) take weight onto L
& R Step forward again
3&4 L Step forward, R step forward & lock behind L (cross behind) take weight onto R & L Step forward again
5,6 R rock forward, recover L
7&8 R shuffle around half to right

STEP ¼ TURN, SLIDE TOGETHER & TOUCH, KICKBALL CROSS , UNWIND & GRIND

1&2. Step L forward with ¼ turn right, slide R together & TOUCH
3&4. R kickball-cross kick R forward bring back next to left and take weight onto right then cross L over R
5,6,7&8. Unwind ½ to right and grind

!!REPEAT!!

My dancers love this one so I " Hope" you all do as well!! Dance away.