

Crazy Cha

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: John Dembiec (USA) - March 2020
音乐: Go Crazy - Leslie Odom, Jr.



#16 count intro

[1-8] CROSS, SIDE ROCK, CROSS SHUFFLE, SIDE STEP, HIP BUMPS, START JAZZ BOX

1-2 Cross L over R, Side rock R to R
3-4& Replace to L, Cross R over L, Step L to L
5-6 Cross R over L, Step L to L and bump to L
7-8& Bump R, Bump L to L, Step R next to L

[9-16] FINISH JAZZ BOX W/ ¼ TURN, JAZZ BOX, CROSS SIDE TOGETHER PUSH (X2)

1-2 Cross L over R, Step R back
3-4& Making ¼ turn L step L to L (9:00), Cross R over L, Step L back
5-6& Step R slightly to R, Step L across R, Step R slightly to R (shape to 7:30)
7-8& Step L next to R and push hips back, Step R across L, Step L slightly to L (shape to 10:30)

RE-START NOTE: Touch L slightly to L on the "&" of 8, then re-start with the cross step

(1st Re-start here on wall number 4 at 9:00, re-start facing 6:00

(2nd Re-start here on wall number 8 at 3:00, re-start facing 12:00)

[17-24] 2nd TOGETHER PUSH, CROSS, BACK, TRIPLE BACK, BACK ROCK, STEP FORWARD

1-2 Step R next to L and push hips back, Step L over R (square back up to 9:00)
3-4& Step R back, Step L back, Step R next to L (you may do a lock step here)
5-6 Step L back, Rock R back
7-8 Replace to L, Step R forward

[25-32] ¼ TURN HIP ROLL (X2), CROSS ROCK TOGETHER (X2), SIDE STEP

1-2 Pivot ¼ turn L and roll hips L-R (6:00), Step R forward
3-4& Pivot ¼ turn L and roll hips L-R (3:00), Cross Rock R over L, Replace to L
5-6& Step R next to L, Cross rock L over R, Replace to R
7-8 Step L next to R, Step R to R

REPEAT AND HAVE FUN !!!!!!

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