

Altitude Adjustment

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Liz Atkinson (USA) - April 2020
音乐: Altitude Adjustment - Midland



#32 count introduction, begin just after drums/full band join in
NO Tags/ Restarts!

S1: VINE R BRUSH, JAZZ BOX CROSS

1, 2 Step RF to R side, step LF behind RF
3, 4 Step RF to R side, brush LF fwd
5, 6 Cross LF over RF, step RF back
7, 8 Step LF to L side, cross RF over LF (12:00)

S2: VINE L BRUSH, JAZZ BOX CROSS

1, 2 Step LF to L side, step RF behind LF
3, 4 Step LF to L side, brush RF fwd
5, 6 Cross RF over LF, step LF back
7, 8 Step RF to R side, cross LF over RF (12:00)

S3: SIDE, TOUCH, 1/4 L, TOUCH, FWD, TAP, BACK, KICK

1, 2 Step RF to R side, touch LF beside RF
3, 4 Turning 1/4 L step LF to L side (9:00), touch RF beside LF
5, 6 Step RF fwd, tap LF behind RF
7, 8 Step LF back, kick RF fwd (9:00)

S4: RF COASTER, HITCH, LF COASTER, HITCH

1, 2 Step RF back, step LF beside RF
3, 4 Step RF fwd, hitch L knee
5, 6 Step LF back, step RF beside LF
7, 8 Step LF fwd, hitch R knee (9:00)

Contact: dancinlizard@gmail.com - Asheville, NC, USA