Démaquillée et Nue EZ

级数: Beginner / Improver

编舞者: Angéline Fourmage (FR) - April 2020

音乐: Nue - Clara Luciani

Start : On the lyrics Sequence: A-A-A(16)-A-A-A-A

拍数: 64

[1-8] Diagonal, Together, Diagonal, Touch, Side, Point, Side, Point

- RF FW on R Diagonal, LF next to RF 1-2
- 3-4 RF FW on R Diagonal, Touch LF next to RF
- LF to L side, Point RF behind LF 5-6
- 7-8 RF to R side, Point LF behind RF

[9-16] Diagonal, Together, Diagonal, Touch, Side, Point, Side, Point

- 1-2 LF FW on L Diagonal, RF next to LF
- 3-4 LF on L Diagonal, Touch RF next to LF
- 5-6 RF to R side, Point LF behind RF
- 7-8 LF to L side, Point RF behind LF

[17-24] Back, Back, Back, Together, Side, Touch, Hold, Side, Touch, Hold

- RF Back, LF Back 1-2
- 3-4 RF Back, LF next to RF
- &5-6 RF to R side, Touch LF next to RF, Hold
- &7-8 LF to L side. Touch RF next to LF. Hold

[25-32] Stomp Back, Swivel, Stomp FW, Swivel

- RF Back, Swivel L Toe toward R Heel 1-2
- 3-4 Swivel L Heel toward R Heel, Swivel L Toe toward R Heel
- 5-6 Stomp LF FW. Swivel R Heel toward L Heel
- 7-8 Swivel R Toe toward L Heel, Swivel R Heel toward L Heel

[33-40] V-Stepx2

- 1-2 RF FW on R Diagonal, LF FW on L Diagonal
- 3-4 RF Back, LF next to RF
- 5-6 RF FW on R Diagonal, LF FW on L Diagonal
- 7-8 RF Back, LF next to RF

[41-48] Vine R, Touch, Vine L, Touch

- 1-2 RF to R side, LF behind RF
- 3-4 RF to R side, Touch LF next to RF
- 5-6 LF to L side, RF behind LF
- 3-4 LF to L side, Touch RF next to LF

[49-56] Step, Turn, Step, Hold, Step, Turn, Step, Hold

- RF FW, 1/2 L 1-2
- 3-4 RF FW, Hold
- LF FW, 1/2 R 5-6
- 7-8 LF FW, Hold

[57-64] Bounce, Together, Bounce, Together

Stomp RF FW, Raise R Heel Up, Drop R Heel to the ground, Raise R Heel Up 1&2& 3&4& Drop R Heel to the ground, Raise R Heel Up, Drop R Heel to the ground, RF next to LF





墙数:1

5&6&Stomp LF FW, Raise L Heel Up, Drop L Heel to the ground, Raise L Heel Up7&8&Drop L Heel to the ground, Raise L Heel Up, Drop L Heel to the ground, LF next to RF

Smile and enjoy the dance - Contact : maellynedance@gmail.com