

Aku Dan Dirimu

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Rini Hukom (INA) - April 2020
音乐: Aku Dan Dirimu by Ari Lasso & BCL



I. SIDE, ANCHOR, CROSS, SIDE, ANCHOR, CROSS, WALK 2X, OUT OUT, IN IN

1 a 2 Step R to right side, Step L slightly behind R, Cross R over L
3 a 4 Step L to left side, step R slightly behind L, Cross L over R
4 – 5 Step forward R, Step forward L
7&a8 Step R diagonally right, Step L diagonally L, back in place on R, close L beside R

II. BACK 2X, BEHIND, SIDE, CROSS, SIDE, ROCK CROSS, RECOVER, SIDE, ROCK CROSS, RECOVER, SIDE

1 – 2 Step back on R with sweeping L, Step back on L with sweeping R
3&a4 Step R behind L, Step L to left side, Cross R over L, Step L to left side
5 a 6 Rock cross R over L, Recover on L, Step R to right side
7 a 8 Rock cross L over R, Recover on R, Step L to left side

III. DIAMOND

1&a2 Cross R over L, 1/8 turn R step L to left side, Step back on R, Hitch on L (1:30)
3&a4 Step back on L, 1/8 turn R step R to right side, Step L forward, Hitch on R (3:00)
5&a6 Cross R over L, 1/8 turn R step L to left side, Step back on R, Hitch on L (4:30)
7&a8 Step back on L, 1/8 turn R step R to right side, Step L forward, Hitch on R (6:00)

IV. MAMBO, ROCK SIDE, RECOVER, CROSS, SWAY 4X

1 a 2 Rock R forward, Recover on L, Step back on R
3 a 4 Rock L to left side, Recover on R, Cross L over R
5 – 8 hip sway R-L-R-L

* Restarts

On wall 1, 5 after 28 count

* On wall 3 after 28 count there are step change

5 a 6 Rock R forward, Recover on L, Step back on R
7 a 8 ½ turn L step L behind R, Close R beside L, Step L forward

and then do the TAG

1 – 2 Step R forward, Step L beside R with open both arms to side
3 – 4 Step back on R, Step L beside R with close both inside

* On wall 6 after 16 count do the TAG

Submitted by Diba Munaf: dibamunaf68@gmail.com