

# High and low

拍数: 32      墙数: 4      级数: Beginner  
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音乐: High and Low - Empire of the Sun



## intro 16 counts

### section 1 : cross, point, cross, point , jazz box cross

1-2                cross Rf over Lf, point Lf side  
3-4                cross LF over Rf, point Rf side  
5-6-7-8          cross rf over Lf, step Lf back, step Rf side, cross Lf over Rf

### section2 : rock side, triple cross, rock side, triple cross

1-2                step Rf side, recover onto Lf  
3&4                cross Rf over Lf, step Lf side, cross Rf over Lf  
5-6                step Lf side, recover onto Rf  
7&8                cross Lf over Rf, step Rf side, cross Lf over Rf

### section3 : side, behind, step ¼ turn R , step, pivot ½ turn R, step ¼ turn R, side ,behind, side

1-2-3-4            step Rf side, cross Lf behind Rf, ¼ turn Right step Rf foward, step Lf foward 3:00  
5-6-7-8            ½ turn R recover onto Rf, ¼ turn Right step Lf side, cross Rf behind Lf, step Lf on side 12:00

### section 4 : rock foward, triple ½ turn R, rock foward, out out, step back

1-2                step Rf foward, recover onto Lf  
3&4                ½ turn Right step Rf foward, step Lf next to Rf, step Rf foward  
5-6                step Lf foward, recover ontp Rf  
&7-8                step Lf and step RF on side PG en écartant les pieds, poser PG derrière 6:00

start again with smile

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