

Bang Bang

拍数: 82

墙数: 4

级数: Phrased Novice - Novelty/Funky,
Non-Country



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音乐: Bang Bang - Jessie J, Ariana Grande & Nicki Minaj

Count-in: 2 Counts Intro , Anti-Clockwise

Note: Walls 1 + 3: AB, Walls 2 + 4 + 8: B, Wall 5: AC, Wall 6: C, Wall 7: CB (Total: AB,B,AB,B,AC,C,CB,B)

A: 32 COUNTS, 3 WALLS (1,3,5)

[1 – 8] FWD, L, FWD, FWD + 1/4 TURN L

- 1,2 Step RF fwd, Hold
- 3&4 Step LF to L, Draw RF next to LF, Step RF next to LF
- 5,6 Step LF diag fwd to L, Step RF fwd in line with LF
- 7&8 Step LF fwd, Step RF in place, Step LF to L + 1/4 Turn back

[9 – 16] LIKE 1 – 8

[17 – 24] PLACE, FWD, PLACE + 1/4 TURN L

- 17&18& Lift R Knee to R, Step RF in place, Lift L Knee to L, Step LF in place
- 19,20 Step RF fwd, Step LF fwd
- 21&22& Step R Toe next to LF, Step RF in place, Step L Toe in place, Step LF in place
- 23&24 Step R Toe in place, Step RF in place, Step LF to L + 1/4 Turn back (5-7& Beyonce-Step)

[25 – 32] LIKE 1 – 8

B: 32 COUNTS, 3 WALLS (2,4,8)

[1 – 8] L, L, BACK, BACK

- 1,2 Step RF diag fwd to L, Step LF diag fwd to L
- 3,4 Step RF diag fwd to L, Hold
- 5,6 Step LF in place + Step R Heel in place (in same line), Hold
- 7,8 Step RF back + Step L Heel in place (in same line)

[9 – 16] BACK, PLACE, BACK, BACK

- 9,10 Step LF back + 1/4 Turn R + Sweep RF 3/4 back to R (diag back to L)
- 11, 12 Step RF in place + Sweep LF 3/4 back to R (diag back to R)
- 13,14 Slide LF back, Slide RF past LF
- 15,16 Slide LF back, Hold (45-47 Moonwalk-Step)

[17 – 24] R, R, L, R

- 17,18 Step RF over Heel to R (diag fwd to R), Lock RF back
- 19,20 Step RF over Heel to R, Hold
- 21,22 Step LF to L (in line wall), Hold
- 23,24 Step RF to R

[25 – 32] L, L, R, PLACE + 1/4 TURN L

- 25,26 Step LF over Heel diag fwd to L, Lock RF
- 27,28 Step LF over Heel diag fwd to L, Hold
- 29,30 Step RF to R (in line wall), Step LF in place
- 31,32 Step RF in place, Step LF 1/4 Turn back to L

C : 18 COUNTS, 3 WALLS (5,6,7), abc

.a: 1 – 8 (on Wall 3 after A) LIKE A17 - 24

.b: 1 – 8 (on Wall 4) LIKE A25 - 32

