

More Than Amigos (不只是朋友) (zh)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: More Than Amigos - Jesse & Joy



Begin the dance after 16 counts

[1-8] Rock Recover, Coaster Step, Rock Recover, L ¼ turn Shuffle

下沉回復, 海岸步, 下沉回復, 1/4轉交換追步

- 1-2 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 3&4 Step right back, Step left next to right, Step forward right
右足後踏, 左足併踏, 右足前踏
- 5-6 Rock forward onto left, Recover back onto right
左足前下沉, 右足回復
- 7&8 ¼ turn left stepping side onto left, Step right in place, step side left
左轉90度左足左踏, 右足踏, 左足左踏

[9-16] Cross Point, Cross Point, Rock forward, Rock Back (Rocking chair)

交叉點, 交叉點, 搖椅步(rocking chair)

- 1-2 Cross right over left, point left to left side
右足於左足前交叉踏, 左足左點
- 3-4 Cross left over right, point right to right side
左足於右足前交叉踏, 右足右點
- 5-6 Rock forward onto right, Recover back onto left
右足前下沉, 左足回復
- 7-8 Rock back onto right, Recover forward onto left
右足後下沉, 左足回復

[17-24] Rock Recover, Side Shuffle, Cross Side, Behind Side, Touch Side

下沉回復, 1/4轉追步, 藤步(Weave)

- 1-2 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 3&4 stepping right to right side, Close left beside right, step right to right side
右足右踏, 左足併踏, 右足右踏
- 5-6 Cross left over right, Step right to right side
左足於右足前交叉踏, 右足右踏
- 7-8 Step left behind right, step right to right side
左足於右足後踏, 右足右點

[25-32] R Jazz box, Step, Step ½ turn L, Step ½ turn L

右足前下沉, 左足回復右足右踏, 左足前踏 踏轉½ 踏轉½

- 1-4 Cross R over L, Step L back, Step R to right side. L forward
右足前下沉, 左足回復右足右踏, 左足前踏
- 5-6 Step R making 1/2 turn left, Step left
右足前踏 左轉180度 左足前踏
- 7-8 Step R making 1/2 turn left, Step left
右足前踏 左轉180度 左足前踏

Jesse y Joy - More Than Amigos

