

Rumba Rock

拍数: 32 墙数: 2 级数: Beginner
编舞者: Maite Alemany (ES) & Maria Jesús Osuna (ES) - December 2019
音乐: Rockin' Robin - Bobby Day : (Album: The very best of Chuck Berry)



Step sheet : M^a Jesús Osuna

Note : To facilitate the dance several Restarts have Not been taken into account

Intro : 32 beats

[1-8] RUMBA BOX

1-2 Step left to the left side, step right beside left
3-4 Step left forward, touch right toe beside left
5-6 Step right to the right side, step left beside right
7-8 Step right back, touch left toe beside right

[9-16] ¼ TURN L and STEP FWD (L) – KNEE IN (R) and CLAP – ¼ TURN R and STEP IN PLACE – KNEE IN (L) and CLAP – ¼ TURN L and STEP IN PLACE – KNEE IN (R) and CLAP – ¼ TURN R and KNEE IN (L) and CLAP

1-2 ¼ turn left stepping left forward, right knee in and clap (09.00)
3-4 ¼ turn right stepping right in place, left knee in and clap (12.00)
5-6 ¼ turn left stepping left in place, right knee in and clap (09.00)
7-8 ¼ turn right stepping right in place, left knee in and clap (12.00)

[17-24] ROCK FWD (L) – STEP BACK – HOLD – SLOW COASTER STEP (R) – STOMP UP (L)

1-2 Step left forward, recover on right
3-4 Step left back, hold
5-6 Step right back, setp left beside right
7-8 Step right forward, stomp up left beside right

[25-32] [HEEL TOUCHES with TURN R] x2

1-2 Touch left heel forward, return to center
3-4 ¼ turn right and touch right heel forward, return to center (03.00)
5-6 Touch left heel forward, return to center
7-8 ¼ turn right and touch right heel forward, return to center (06.00)

START AGAIN AND ENJOY IT

Contact: mjosufu@gmail.com - countrypons@yahoo.es