

AB 11:59

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 2 级数: Ultra Beginner
编舞者: Martine Canonne (FR) - March 2020
音乐: 11:59 (Central Standard Time) - The Railers



Start : 2 X 8 counts after they say "1, 2 , 3, 4".- no tag no restart

[1 – 8] TOUCH RF FWD, TOUCH RF BESIDE LF, TRIPLE SIDE R, TOUCH LF FWD, TOUCH LF BESIDE RF, TRIPLE ¼ LEFT

1 – 2 Touch toe RF fwd, touch toe RF beside LF
3 & 4 Step RF to right side, step LF next to RF, step RF to right side
5 – 6 Touch toe LF fwd, touch toe LF beside RF
7 & 8 Step LF to left side, step RF next to LF, turn ¼ left stepping LF fwd (09:00)

[9 – 16] TOUCH HEEL RF, TOGETHER, TOUCH HEEL LF, TOGETHER, POINT RF, TOGETHER, POINT LF, TOGETHER

1 – 2 Touch heel RF fwd, close RF beside LF
3 – 4 Touch heel LF fwd, close LF beside RF
5 – 6 Touch toe RF to right side, close RF beside LF
7 – 8 Touch toe LF to left side, close LF beside RF

[17 – 24] ROCKING CHAIR, STEP 1/8 LEFT X2

1 – 4 Step RF fwd, recover onto LF, step RF back, recover onto LF
5 – 8 Step RF fwd, turn 1/8 left, step RF fwd, turn 1/8 left (weight onto LF) (06:00)

[25 – 32] WALK R-L-R FWD, KICK L & CLAP, BACK L-R-L, TOUCH R & CLAP

1 – 4 Walk RF fwd, walk LF fwd, walk RF fwd, kick LF fwd and clap
5 – 8 Step LF back, step RF back, step LF back, touch RF beside LF and clap (06:00)

<http://danseavecmartineherve.fr/>