Spirit of Love



拍数: 128 墙数: 1 级数: Phrased Improver

编舞者: Bambang Satiyawan (INA) - March 2020

音乐: Quédate en casa - Ariel de Cuba



Dance Sequence: INTRO-A-B-C-A-B-C-A-B-D-B-C-D

INTRO (after 16 counts, on minutes 0:08), Lyric on slow music	INTRO (after	16 counts.	on minutes	0:08), L	vric on	slow music
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1 – 2	Step R forward, Sweep L forward
3 – 4	Step L forward, Sweep R forward
5 – 6	Cross R over L, Step L back
7 – 8	Step R to side, Step L forward
1 _ 2	Long sten R to side Hold (drag slig

1 – 2	Long step R to side, Hold (drag slightly)
3 – 4	Cross L slightly behind R, Cross R over L
5 – 6	Long step L to side, Hold (drag slightly)
7 – 8	Cross R slightly behind L, Cross L over R

PART.A

A.I.SIDE-TOUCH-SIDE-TOUCH-DIAGONAL LOCK SHUFFLE RIGHT-DIAGONAL LOCK SHUFFLE LEFT

1 – 2	Step R to side, Touch L beside R
3 – 4	Step L to side, Touch R beside L
5 & 6	Step R diagonal forward, Lock L behind R, Step R diagonal forward
7 & 8	Step L diagonal forward, Lock R behind L, Step L diagonal forward

A.II.FORWARD-BESIDE TOUCH-BACK-BESIDE TOUCH-HIP BUMPS

1 – 2	Step R forward, Touch L beside R
3 – 4	Step L back, Touch R beside L
5 – 6	Step R to side Hip Bump Right, Left
7 – 8	Hip Bump Right, Left

A.III.(DIAGONAL BACK-BESIDE TOUCH) R-L-X2

1 – 2	Step R diagonal back, Touch L beside R
3 – 4	Step L diagonal back, Touch R beside L
5 – 6	Step R diagonal back, Touch L beside R
7 – 8	Step L diagonal back, Touch R beside L

A.IV.SIDE TOUCH-CLOSE-SIDE TOUCH-CLOSE-BRUSH-FORWARD TOUCH-ROCK RECOVER

1 – 2	Touch R to side, Close R beside L
3 – 4	Touch L to side, Close L beside R
5 – 6	Brush your R, Touch R forward
7 – 8	Rock R in place, Recover on L

PART.B

B.I.SIDE STEP-HOLD AND HIP ROLL-CLOSE-SIDE STEP-HOLD AND HIP ROLL-CLOSE-

1 – 2	Step R to side and hip roll, Hold with continue hip roll

3 – 4 Close L beside R, Hold

*with hand styling : push your hands up 2 times/counts

5 – 6 Step L to side and hip roll, Hold with continue hip roll

7 – 8 Close R beside L, Hold

*with hand styling: push your hands up 2 times/counts

B.II.PADDLE TURN 1/4 LEFT (X4)

1 – 2	Turn ¼ Left Rock R to side, Recover on L
3 – 4	Turn ¼ Left Rock R to side, Recover on L
5 – 6	Turn ¼ Left Rock R to side, Recover on L
7 – 8	Turn ¼ Left Rock R to side, Recover on L
B.III.REPEAT	PART.B.I
B.IV.ROCKIN	G CHAIR WITH HANDS STYLING
1 – 2	Rock R forward, Recover on L (do hand styling : wipe your right hand with your left hand from tip to shoulder)
3 – 4	Rock R backward, Recover on L (do hand styling: wipe your left hand with your right hand from tip to shoulder)
5 – 6	Rock R forward, Recover on L (hand styling : wipe your head with your hands from top)
7 – 8	Rock R back, Recover on L (continue rubbing head to neck)
PART.C C.I.K STEP	
1 – 2	Step R diagonal forward, Touch L beside R
3 – 4	Step L diagonal back, Touch R beside L
5 – 6	Step R diagonal back, Touch L beside R
7 – 8	Step L diagonal forward, Touch R beside L
	INE TOUCH-GRAPEVINE BRUSH
1 – 2	Step R to side, Cross L behind R
3 – 4	Step R to side, Touch L beside R
5 – 6	Step L to side, Cross R behind L
7 – 8	Step L to side, Brush your R
C.III.JAZZ BC	· ·
1 – 2	Cross R over L, Step L back
3 – 4	Step R to side, Step L forward
5 – 6	Cross R over L, Step L back
7 – 8	Step R to side, Step L forward
	LEFT (X2)-SIDE-BESIDE TOUCH-SIDE-BESIDE TOUCH
1 – 2	Step R forward, Turn ½ left Step L in place
3 – 4	Step R forward, Turn ½ left Step L in place
5 – 6 7 – 8	Step R to side, Touch L beside R Step L to side, Touch R beside L
PART.D	CLIATA (D.I.)
D.I.BASIC BA 1 – 2	Step R to side, Close L beside R/ (or Cross L behind R)
3 – 4	Step R to side, Touch L to side with hip bump
5 – 6	Step L to side, Toddit L to side with hip bump Step L to side, Close R beside L/ (or Cross R behind L)
7 – 8	Step L to side, Close R beside L/ (or Closs R benind L) Step L to side, Touch R to side with hip bump
D.II.TURN AN	ID SIDE-TOUCH-SIDE-TOUCH-TURN AND SIDE-TOUCH-SIDE-TOUCH
1 – 2	Turn ¼ left Step R to side, Touch L to side with hip bump
3 – 4	Step L to side, Touch R to side with hip bump
5 – 6	Turn ¼ left Step R to side, Touch L to side with hip bump
7 – 8	Step L to side, Touch R to side with hip Bump

D.III.REPEAT PART D.I

D.IV.REPEAT PART D.II

Enjoy the dance...

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