

# Better Off

拍数: 32      墙数: 4      级数: Improver  
编舞者: Larry Bass (USA) - March 2020  
音乐: Better Off - Trace Adkins



Start on vocals after 32 counts  
NO TAGS!!!!NO RESTARTS!!!

## WIZARD STEP & TRIPLE STEP; ROCK STEP, ½ TURN TRIPLE STEP

1-2            Step R to right diagonal; Lock L behind R  
&            Step R slightly to right  
3&4          Step L to left diagonal, Step R to L, Step L to left diagonal  
5-6          Rock R forward; Recover back to L  
7&8          Make a ½ turn right & triple step R, L, R (6:00)

## WIZARD STEP & CROSS & CROSS; SIDE ROCK STEP, CROSS & CROSS

1-2            Step L to left diagonal; Lock R behind L  
&            Step L slightly to left  
3&4          Step R across L, Step L slightly to left, Step R across L  
5-6          Rock L to left; Recover right to R  
7&8          Step L across R, Step R slightly to right, Step L across R

## SIDE ROCK STEP, CROSS & CROSS; HINGE ½ TURN, FORWARD TRIPLE STEP

1-2            Rock R to right; Recover left to L  
3&4          Step R across L, Step L slightly to left, Step R across L  
5-6          Make a ¼ turn right & step L back (9:00); Make a ¼ turn right & step R forward (12:00)  
7&8          Step L forward, Step R to L, Step L forward

## STEP ½ PIVOT, ½ TURNING LOCK STEP; ¾ ROLLING TURN, BEHIND, SIDE, CROSS

1-2            Step R forward; Pivot ½ turn left to L (6:00)  
3&4          Make a ¼ turn left & step R to right (3:00), Lock L across R, Make a ¼ turn left & step R back (12:00)  
5-6          Make a ½ turn left & step L forward (6:00); Make a ¼ turn left & step R to right (3:00)  
7&8          Step L behind R, Step R to right, Step L across R

Begin Again

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