Two Fists



拍数: 64 墙数: 4 级数: Improver 编舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - March 2020

音乐: Two Fists (두주먹) - Lim Young Woong (임영웅)



Sequence: 64-Tag / 64 / 64-Tag / 48-Tag / 64-Tag / 64 / 64 / 28

Intro: #64 counts (approx. 29secs)

S1: Forward, Forward Rock/Recover, Back, Back Rock/Recover, Forward, Pivot 1/4Turn L.

1-2-3-4 Step R forward, Step rock L forward, Recover on R, Step L back.

5-6-7-8 Step rock R back, Recover on L, Step R forward, Pivot 1/4turnL weight L (9:00).

S2: Weave Step. 1/4Turn L. Forward. 1/4Turn L. Cross. Side

1-2-3-4 Cross R over L, Step L to L side, Cross R behind L, 1/4turnL stepping L forward (6:00).

5-6-7-8 Step R forward, Pivot 1/4trnL weight on L (3:00), Cross R over L, Step L to L side.

S3: Cross, Back, Side, Kick. 2X

1-2-3-4 Cross R over L, Step L back, Step R to R side, Kick L forward diagonal right.
5-6-7-8 Cross L over R, Step R back, Step L to L side, Kick R forward diagonal left.

S4: Cross Rock/Recover-Side 2x, Forward, Pivot 1/2Turn L

1-2-3-4 Rock cross R over L, Recover on L, Step R to R side, Rock cross L over R.

5-6-7-8 Recover on R, Step L to L side, Step R forward, Pivot 1/2turn L weight on L (9:00).

S5: Side, Touch, 1/4Turn L & Forward, Touch, V-Step (out-out-in-in).

1-2-3-4 Step R to R side, Touch L beside R, 1/4turnL stepping L forward (6:00), Touch R beside L. 5-6-7-8 Step R forward diagonal right, Step L forward diagonal left, Step R back in, Step L next to R.

S6: Side, Touch, 1/4Turn L & Forward, Touch, Forward, Hitch, Back, Touch

1-2-3-4 Step R to R side, Touch L beside R, 1/4turnL stepping L forward (3:00), Touch R beside L.

5-6-7-8 Step R forward, Hitch L knee up, Step L back, Touch R to R side.

*During wall 4, after 48 counts, Tag(4 counts), Restart facing 12:00

S7: Together (band at knees to dip) -Touch (Straighten knees stand up) 2X, Back-Touch (hip bump) 2X

1-2-3-4 Step R next to L, Touch L to L side, Step L next to R, Touch R to R side.

5-6-7-8 Step R back, Touch L toe forward, Step L back, Touch R toe forward.

S8: Back, Together, Walk Forward (R-L), Cross-Touch 2X

1-2-3-4 Step R back, Step L next to R, Step R forward, Step L forward.

5-6-7-8 Cross R over L, Touch L toe to L side, Cross L over R, Touch R toe to R. side.

Tag (4 counts): Touch (in-out) 2X

1-2-3-4 Touch R toe beside L, Touch R toe to R side (right finger snap). 2X

Enjoy Dancing Always~!

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