

Let Praise Arise

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Beginner
编舞者: Monita Lim (MY) - April 2020
音乐: Let Praise Arise (讚讚美飛揚) - Stream of Praise (讚美之泉)



Intro: 32 counts

Sec 1: Diagonal Steps Forward (2x), Diagonal Steps Back (2x)

1-4 Step R diagonal forward, Touch L beside R, Step L Diagonal Forward, Touch L beside R
5-8 Step R diagonal back, Touch L beside R, Step L diagonal back, Touch R beside L

Sec 2: Cross Rock Recover, Side Chasse ¼ Turn L, Pivot ½ Turn R, Forward Mambo

1-4 Cross R over L, Recover, Step R to R, Step L beside R, ¼ turn R Step R forward
5-6 Step L forward, make pivot ½ turn R
7&8 Rock L forward, Recover on R, Step L beside R

Sec 3: Lindy R, Lindy L

1&2 Step R to R, Step L beside R, Step R to R
3-4 Rock back on L, Recover on R
5&6 Step L to L, Step R beside L, Step L to L
7-8 Rock back on R, Recover on L

Sec 4: Side Rock Recover on ¼ turn L, Side Rock Recover, Cross Point (2x)

1-4 Rock R to R, Recover on L making ¼ turn L, Rock R to R, Recover on L
5-8 Cross R over L, Point L to L, Cross L over R, Point R to R

Sec 5: Pivot ½ Turn L, Shuffle Forward, Forward Rock Recover, ½ Turn L Shuffle Forward

1-2 Step R forward, Pivot ½ turn L
3&4 Step R forward, Step L behind R, Step R forward
5-6 Rock L forward, Recover on R
7&8 ½ Turn L step L forward, Step R behind L, Step L forward

Sec 6: Rock Forward Recover, ¼ Turn R Sailor Step, Pivot ½ Turn R, Pivot ¼ Turn R

1-2 Rock R forward, Recover on L
3&4 ¼ Turn R sweep R back, step L to L, step R to R
5-8 Step L forward, Pivot ½ turn R, Step L forward, Pivot ¼ turn R (weight on L)

Sec 7: Forward Rocking Chair, Jazz Box

1-4 Rock forward on R, Recover on L, Rock back on R, Recover on L
5-8 Cross R over L, Step back on L, Step R to R, Step L forward

Sec 8: Paddle 1/8 Turn L (4x)

1-4 Step R forward, Paddle 1/8 turn L (4:30) Step R forward, Paddle 1/8 turn L (3:00)
5-8 Step R forward, Paddle 1/8 turn L (1:30), Step R forward, Paddle 1/8 turn L (12:00)

Feel free to lift your hands in Praise!
Let Everything That Has Breath Praise the Lord!

Happy dancing!

Contact: wycmonita@gmail.com

