

We're From The Country NZ

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Lorraine Macmillan (NZ) - February 2020
音乐: I'm from the Country - Tracy Byrd : (Album: I'm from the Country - 3:33)



Start: On the second word of the vocals, "back" (approx. 10 seconds from the start of the track)

VINE RIGHT, SIDE, TOUCH, SIDE, TOUCH with claps

1-4 Step R to R side, step L behind R, step R to R side, touch L beside R & clap
5-8 Step L to L side, touch R together & clap, step R to R, touch L together & clap

VINE LEFT, SIDE, TOUCH, SIDE, TOUCH with claps

9-12 Step L to L side, step R behind L, step L to L side, touch R beside L & clap
13-16 Step R to R side, touch L together & clap, step L to L side, touch R together & clap

DIAGONAL LOCK FORWARD

17-20 Step R fwd at 45 degrees, Lock L behind R, Step R fwd at 45 degrees, scuff L fwd
21-24 Step L fwd at 45 degrees, Lock R behind L, Step L fwd at 45 degrees, touch R beside L

BACK, HEELS (12 o'clock)

25-28 Step back on R, touch L heel fwd, Step back on L, touch R heel fwd
29-32 Repeat steps 25-28

SIDE SHUFFLE, ROCK BACK, RECOVER

33&34 Shuffle to the right R,L,R
35, 36 Rock back on L, recover on R

SIDE SHUFFLE, ROCK BACK, RECOVER

37&38 Shuffle to the left L,R,L
39, 40 Rock back on R, recover on L

MONTEREY ¼ RIGHT, ROCKING CHAIR

40-44 Touch R to R side, ¼ turn R stepping on R, Touch L to L side, Step L together
45-48 Rock fwd on R, recover onto L, Rock back on R, recover onto L

Repeat from the beginning. No tags or re-starts.

Optional: Shimmy during steps 25-32. □