

# Trashin' It Up !

**COPPER** KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Absolute Beginner  
编舞者: Heather Shepherd (AUS) - January 2020  
音乐: There Goes the Neighborhood - Gretchen Wilson



**Intro: 32 Counts from main beat (Rotates Anti-clockwise)**  
**No Tags, No Restarts**

**[1-8] Step Together, Step, Heels forward**

1-2            Step Right to Right side, step Left together  
3-4            Step Right to Right side, Touch Left  
5-6            Touch Left Heel forward, step Left together  
7-8            Touch Right Heel forward, step Right together

**[1-8] Step Together, Step, Heels forward**

1-2            Step Left to Left side, step Right together  
3-4            Step Left to Left side, Touch Right  
5-6            Touch Right Heel forward, step Right together  
7-8            Touch Left Heel forward, step Left together

**[1-8] Walk Forward, Walk Back**

1-4            Walk forward, Right, Left, Right, touch Left  
5-8            Walk Back, Left, Right, Left, touch Right

**[1-8] Paddle Turn, 1/4 to Left**

1-8            Step Right to Right side, recover Left, Step Right to Right side, recover Left repeat last 4 counts, while turning a 1/4 to Left.

**REPEAT**

Contact: [cosmiccountry@gmail.com](mailto:cosmiccountry@gmail.com)

Facebook: Cosmic Country Line Dancing

Hope you enjoy the dance, the music will take you there !

Re: Submitted 3/4/20

Last Site Update - 4 April 2020

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