

Mulan

拍数: 24 墙数: 2 级数: Intermediate
编舞者: Heru Tian (INA) - March 2020
音乐: Disney Mulan Chinese Theme Song By Liu Yifei



Intro : 8 Counts

Section 1

1 Front rock (Lf) Make Half turn To Right Sweep (Rf) Heading 6.00
2 & 3 Behind (Rf), Side (Lf), Cross(Rf) With Hitch (Lf)
4 & Rock Back (Lf), Together (Rf) Heading 4.30
5 & 6 Samba Cross (Siderock (Lf), Recover (Rf), Crossrock (Lf) With Sweep (Rf)) Heading 6.00
7 & 8 & Weave Step (Crossrock(Rf), Side (Lf), Backrock(Rf), Quarter Turn To Left Frontrock Lf

Section 2

1 & 2 Quarter Turn To Left Samba Cross (Siderock (Rf), Recover (Lf), Crossrock (Rf) Heading 12.00
3 & 4 Heading 1.30 Step Back 3x (Lf, Rf,Lf)
5 & 6 Heading 3.00 Siderock (Rf), Step Forward 2x (Lf, Rf)
7& 8 Heading 6.00 Step Back (Lf),Together (Rf), Stepback (Lf) With Point (Rf)

Section 3

1 & 2 Rolling Grapevine To Right (Rf, Lf, Rf) With Sweep Lf
3 & 4 Heading 6.00 Crossrock (Lf), Siderock (Rf), Rockback (Lf) With Sweep (Rf)
5 Rockback (Rf) With Sweep (Lf)
6 Rockback (Lf) With Sweep (Rf)
7 & 8 Rockback (Rf), Recover (Lf), Frontrock (Rf)

Tag (2 Counts)

Rocking Chair : Frontrock (Lf), Recover (Rf), Rockback (Lf),Recover (Rf)

Tag At

Wall 1,

Wall 3 (18 Counts)

Restart At

Wall 2 After 18 Counts,

Wall 5 After 24 Counts With Step Change At

Section 3 :

1 & 2 Rolling Grapevine To Right (Rf, Lf, Rf) With Sweep Lf
3 & 4 Heading 6.00 Crossrock (Lf), Siderock (Rf), Rockback (Lf) With Sweep (Rf)
5 Rockback (Rf) With Sweep (Lf)
6 Rockback (Lf), Recover (Rf)

Start Again..