

Careless

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Michael Richardson (USA) - March 2020
音乐: We Don't Care - Sigala & The Vamps : (Album: Brighter Days - iTunes - 3:39)



#32 count intro - No tags, No restarts

[1-8] PRESS/RECOVER, BEHIND/SIDE/CROSS, ROCK/RECOVER, BEHIND ¼ TURN / FORWARD

- 1-2 Press R forward, Recover L sweeping R from front to back
- 3&4 Step R behind L, Step L to left side, Cross R over L
- 5-6 Rock L to left side, Recover R sweeping L from side to behind R
- 7&8 Step L behind R, Turn ¼ right stepping forward on R, Step L forward [3:00]

[9-16] STEP, SWIVEL X2, ½ TURN, BEHIND/SIDE/CROSS, PRESS/RECOVER

- 1 Step R forward
- 2 Swivel both feet in place turning ½ left [9:00]
- 3 Swivel both feet in place turning ½ right (weight on R) [3:00]
- 4 Step L back turning ½ right sweeping R from front to back [9:00]
- 5&6 Step R behind L, Step L to left side, Cross R over L
- 7-8 Press L toe to left side, Recover R turning ¼ left [6:00]

[17-24] ROCK/RECOVER, LOCK STEP, ¼ PIVOT, CROSSING TRIPLE

- 1-2 Rock back on L, Recover R
- 3&4 Step L forward, Lock R behind L, Step L forward
- 5-6 Step R forward, Pivot ¼ left stepping L to left side [3:00]
- 7&8 Cross R over L, Step L to left side, Cross R over L

[25-32] ROCK/RECOVER, BALL/ROCK/RECOVER, ¼ TURNING JAZZ BOX

- 1-2 Rock L to left side, Recover R
- &3-4 Step ball of L next to R, Rock R to right side, Recover L
- 5-8 Cross R over L, Step L back, Step R forward turning ¼ right, Step L forward [6:00]