

Para Papa

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ipiet Udha (INA) - March 2020
音乐: Rap das Armas (Lucana Club Mix) - Cidinho & Doca



Start after 48 count

Sec.1: WALK – FORWARD STEP R/L – ROCK RECOVER

1-2 Step R forward – Step L forward
3&4 Rock R side to right – L in place – R together
5-6 Step L forward – Step R forward
7&8 L rock forward – R in place – L together

Sec.2: MONTEREY – JAZZ BOX – HIP SWAY

1-2 Touch R to side – Make ½ turn Right close R together
3-4 Touch L to side – Closed L together
5-6 R cross over L – Step L back
7-8 Step R to side hip sway to right – L in place hip sway to left

Sec.3: STROLL – SAILOR STEP – COASTER STEP

1&2 Step R diagonal forward – L cross behind R – R diagonal forward
3&4 Step L to side diagonal – R cross behind L – L diagonal forward
5-6 Step R forward – Step L forward ½ turn right
7&8 R sweep front to back – L close together – Step R forward

Sec.4: STROLL – SAILOR STEP – COASTER STEP

1&2 Step L diagonal forward – R cross behind L – L diagonal forward
3&4 Step R to side diagonal – L cross behind R - diagonal forward
5-6 Step L forward – Step R forward ½ turn left
7&8 L sweep front to back – R close together – step L forward

Sec.5: TOUCH R/L – BRUSH – ¾ TURN – SIDE TOUCH

1&2& R touch beside L – R recover – L touch ¼ turn right – L recover
3&4 R touch beside L ¼ turn right – R recover – step L to side
5-6 L cross over R – R brush
7&8 R recover – L beside R – R touch side (weight on L)

Sec.6: FULL VOLTA TURN

1&2& ¼ turn right R cross over L step on ball
3&4& L Slightly behind R – repeat 3x to make a full turn facing the front wall again
5&6& ¼ turn left L cross over R step on ball
7&8 R slightly behind L – repeat 3x make a full turn facing the front wall again

Sec.7: TOUCH – HIP BUMP 2X

1-2 Touch R to side – touch R ceoss over L
3&4& Touch R to side – Hip bump right side - hip bump left – R close together
5-6 Step L to left Touch cross R over L
7&8 R touch to side – hip bump right side – hip bump left side

Sec.8: CROSS BEHIND – BALL CHANGE – UNWIND

1&2 R cross behind L – L in place – R cross behind L
3&4 Stepp ball change L cross behind R – R in place - L cross behind R

5-6 Cross touch r behind L – make ½ turn right
7&8 L touch to side3 – R in place – L close together

Tag at wall 2 : 1-2 ; out step 3-4 : in step
Restart on wall 1 after 32 count Sailor full turn back to wall !

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