

Nobody

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Scott Blevins (USA) - February 2020
音乐: Nobody - Ariana Grande & Chaka Khan : (Album: Charlie's Angels - Original
Motion Picture Soundtrack)



#8 count intro

Sequence: A - B - A - A - B - A - 8& of A restart - A - A - A - ending

Pattern A:

[1-8] FORWARD TRAVELING SYNCOPATED WIZARD STEPS, STEP, 1/2 PIVOT, 1/2 BACK, BACK

- 1-2& 1) Step R forward to right diagonal; 2) Step ball of L behind R; &) Step R to right/slightly forward
- 3&4& 3) Step L forward to left diagonal; &) Step ball of R behind L; 4) Step L to left/slightly forward; &) Step R forward
- 5-6 5) Step L forward; 6) Turn ½ right taking weight on R [6:00]
- 7-8 7) Turn ½ right stepping L back; 8) Step R back [12:00]

[9-16] BACK OUT OUT, KNEE POP, BEHIND, SIDE, CROSS, SIDE ROCK, 1/4 RECOVER, 1/2 BACK, 3/8 FORWARD

- &1&2 (&) Step L back out to left (Note: Restart will happen here facing original 12:00); 1) Step R back out to right weight on both feet; &) Pop both knees forward; 2) Return knees to center
- 3&4 3) Step L behind R; &) Step R to right; 4) Step L across R
- 5-6 5) Rock R to right torquing upper body right; 6) Turn ¼ left recovering to L [9:00]
- 7-8 7) Turn ½ left stepping R back; 8) Turn 3/8 left stepping L forward [10:30]

[17-24] BALL, TOGETHER, BACK, COASTER STEP, 5/8 HIP WALKS

- &1-2 (&) Step ball of R forward; 1) Step ball of L beside ball of R; 2) Step R back
- 3&4 3) Step L back; &) Step R beside L; 4) Step L forward
- 5-6 5) Step ball of R to right pushing hip to right; 6) Turn ¼ left stepping ball of L forward pushing hip to left [7:30]
- 7-8 7) Turn 1/8 left stepping R to right pushing hip right [6:00]; 8) Turn ¼ left stepping ball of L fwd pushing hip to left [3:00]

[25-32] 1/4 BALL, CROSS, 1/4 FORWARD, 1/2 LOCK STEP, BACK ROCK, RECOVER, STEP, 1/2 PIVOT

- &1-2 (&) Turn ¼ left stepping ball of R slightly back [12:00]; 1) Step L across R; 2) Turn ¼ right stepping R forward [3:00]
- 3&4 3) Turn ¼ right stepping L to left; &) Step R slightly across L; 4) Turn ¼ right stepping L back [9:00]
- 5,6,7,8 5) Rock R back; 6) Recover to L; 7) Step R forward; 8) Turn ½ left taking weight on L [3:00]

Pattern B: This is a one-wall pattern. You will start and finish facing the original 3:00 wall the first time you dance it. You will start and finish facing the original 9:00 wall the second time you dance it.

[1-8] SIDE, BEHIND, 1/4 FORWARD, 1/2 BACK, 1/4 BIG SIDE STEP, DRAG, BALL, CROSS, 1/4 FORWARD

- 1,2,3,4 1) Step R to right; 2) Step L behind R; 3) Turn ¼ right stepping R forward; 4) Turn ½ right stepping L back [12:00]
- 5-6 5) Turn ¼ right stepping R big step to right [3:00]; 6) Drag L toward R
- &7-8 (&) Step ball of L slightly back beside R; 7) Step R across L; 8) Turn ¼ left stepping L small step forward [12:00]

[9-16] Repeat counts 1-8. You will be facing 9:00 after count 16.

[17-24] Repeat counts 1-8. You will be facing 6:00 after count 24.

[25-32] SIDE w/FIGURE 8 HIPS, CROSS, BACK, SIDE, FORWARD, 1/4 LEFT

1,2,3,4 (1,2,3) Step R to right circling hips slowly right/clockwise; 4) Circle hips left/anti-clockwise taking weight on L (figure 8)
5,6,7,8& 5) Step R across L; 6) Step L back; 7) Step R to right; 8) Step L forward; &) Turn ¼ left on L [3:00]

Ending: You will be facing 9:00 when you complete the last full wall of the dance. Following this last full wall there will be two additional beats. 1) Step R to right/slightly forward; 2) Turn ¼ right stepping L to left [12:00]

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