

Me Necesita

拍数: 32 墙数: 2 级数: Easy Intermediate
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音乐: Me Necesita - PRETTYMUCH & CNCO



Intro: 8 count

SEQUENCE : 32, 32, 16 TAG, 24 TAG, 16 TAG, 32, 32

S1. HEEL TOUCH, HITCH, SIDE TOUCH, FLICK, BOTAFOGO, DIAMOND SHAPE 1/4 TURN LEFT

1&2 Touch R heel forward slightly cross over L – Hitch R knee up – Touch R to side - Flick R back (12:00)
3&4 Cross R over L – Rock L to side – Recover on R (12:00)
5&6& Cross L over R – Turn 1/8 left step R to side – Step L back (10:30) – Hitch R knee up
7&8 Step R back - Turn 1/8 left step L to side - Cross R over L (9:00)

S2. SIDE ROCK, RECOVER, BACK ROCK, RECOVER, MAMBO CROSS, TOUCH, FLICK TURN 1/4 LEFT, FORWARD, MAMBO TURN 1/2 RIGHT

1&2& Rock L to side – Recover on R – Rock L back – Recover on R
3&4 Rock L to side – Recover on R – Cross L over R (9:00)
5&6 Touch R to side – Turn 1/4 left flick R back – Step R forward (6:00)
7&8 Step L forward – Turn 1/2 right – Step L forward (12:00)

S3. SYNCOPATED V STEPS, CHUG TURN 1/2 LEFT, TOGETHER

&1&2 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together (12:00)
&3&4 Step R diagonal forward – Step L diagonal forward – Step R back to center – Step L together
5&6& Turn 1/6 left chug R to side - Recover on L - Turn 1/6 left chug R to side - Recover on L
7&8 Turn 1/6 left chug R to side - Recover on L – Step R together (6:00)

Note : On wall 4, change step count 8 with TOUCH R TOGETHER, then do the TAG

S4. SIDE, TOGETHER, SIDE, TOUCH, BOTAFOGO, CROSS SHUFFLE, HITCH

1-4 Step L to side – Step R together – Step L to side – Touch R together (6:00)
5&6 Cross R over L – Rock L to side – Recover on R
7&8& Cross L over R – Step R to side – Cross L over R – Hitch R knee up (6:00)

Note: While doing 1-4 add some style like shimmy shoulder or body rolled

REPEAT

TAG:

On wall 3 & 5 after 16 count

On wall 4 after 24 count

SIDE WITH SHIMMY SHOULDER, TOUCH WITH SHIMMY SHOULDER

1-4 Step R to side shimmy shoulder - Touch L together shimmy shoulder - Step L to side shimmy shoulder - Touch R together shimmy shoulder

For more info about step sheet & song, please contact:

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