

It's Not All About You

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bonita Malone (USA) - March 2020
音乐: It's Not All About You - Lawrence



#16 count introduction

*1 tag - *after Wall 2

(1 - 8) CROSS FRT, POINT SIDE, CROSS FRT, POINT SIDE, CROSS FRONT, STEP BACK, STEP BACK ½ TURN, ¼ PIVOT TURN

1, 2 Step R cross frt (1), point L to side (2)
3, 4 Step L cross frt (3), point R to side (4)
5, 6 Step R cross frt (5), step back on L (6)
7&8 Step ½ turn R (7) face 6:00, ¼ pivot turn L,R (&8) [9:00]

(9 - 16) CROSS, SIDE, ROCK BACK, RECOVER, SIDE, CROSS, SIDE, ¼ SAILOR TURN

1, 2 Step L cross frt (1), step R side (2)
3&4 Rock back L (3), recover (&), step L side (4)
5, 6 Step R cross frt (5), step L side (6)
7&8 ¼ sailor turn R,L,R (7&8) [12:00]

(17 - 24) STEP L, CLOSE R TOGETHER 1/8 TURN, KICK BALLCHANGE, CROSS SHUFFLE, STEP R, CLOSE L TOGETHER ½ TURN

1, 2 Step side L (1), step close R next to L making 1/8 turn (2) [1:30]
3&4 Kick L cross frt (3), ballchange R,L (&4)
5&6 Step L cross frt (5), shuffle R,L (&6)
7, 8 Step R side (7), step close L next to R making ½ turn L (8) [10:30]

(25 - 32) R HEEL, STEP, L HEEL, STEP, R HEEL, BALLCHANGE, FRONT MAMBO, DIG L BACK, UNWIND ½ TURN

1&2 R heel tap fwd (1), step R in place (&), L heel tap fwd (2) [10:30]
&3&4 Step L in place (&), R heel tap fwd (3), ballchange R,L (&4)
5&6 (Mambo) Fwd on R (5), recover R (&), back on R (6) [9:00]
7, 8 Dig L back, unwind ½ turn finish with weight on L [3:00]

16 count TAG AFTER WALL 2 BEGINS FACING 6:00

(1 - 8) STEP SIDE, TOUCH, SIDE SHUFFLE, JAZZ BOX ¼ TURN

1, 2 Step side R (1), touch L next to R (2)
3&4 Step L side (3), shuffle R,L (&4)
5, 6 Step R cross frt (5), step back L (6)
7, 8 Step R ¼ turn (7), step L (8) [9:00]

(9 - 16) STEP SIDE, TOUCH, SIDE SHUFFLE, JAZZ BOX ¼ TURN

1, 2 Step side R (1), touch L next to R (2)
3&4 Step L side (3), shuffle R,L (&4)
5, 6 Step R cross frt (5), step back L (6)
7, 8 Step R ¼ turn (7), step L (8) [12:00]

RE: Where there are count discrepancies between step sheet and video, please defer to step sheet. These are the intended counts. □ --Bonita