

Always Shine

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jérôme Ciurana (FR) - February 2020
音乐: Shine (feat. Sheylley June) (Original Radio Edit) - Children Of Freedom



Déscriptif : on the lyrics or 16 sec do 2 wall complete and the 16 first counts [3MF6H] then do 3 wall complete and the 16 first counts [7MF9H] then do the dance - CCW

[1-8] WALK X 3, KICK, BACK X 3, TOUCH

1-2-3 Step RIGHT forward, Step LEFT forward, Step RIGHT forward
4 LEFT kick forward {kick}
5-6-7 Step LEFT back, Step RIGHT back, Step LEFT back
8 Touch RIGHT beside left {touch}

[9-16] (SIDE, TOGETHER, SIDE, TOUCH) TO THE RIGHT AND TO THE LEFT

1-2-3 Step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side
4 Touch LEFT beside right {touch}
5-6-7 Step LEFT to left side, Step RIGHT beside left, Step LEFT to left side
8 Touch RIGHT beside left {touch}

[17-24] (1/40 TURN SIDE, TOGETHER, SIDE, TOUCH) TO THE RIGHT (SIDE, TOGETHER, SIDE, TOUCH) TO THE LEFT

1-2-3 1/4 turn left and step RIGHT to right side [9H], Step LEFT beside right, Step RIGHT to right side
4 Touch LEFT beside right {touch}
5-6-7 Step LEFT to left side, Step RIGHT beside left, Step LEFT to left side
8 Touch RIGHT beside left {touch}

[25-32] POINT, TOGETHER, POINT, TOGETHER, ROCKING CHAIR

1-2 Point RIGHT toe forward, Step RIGHT beside left {together}
3-4 Point LEFT toe forward, Step LEFT beside right {together}
5-6 Step RIGHT forward, Recover weight to LEFT {rock step}
7-8 Step RIGHT back, Recover weight to LEFT {rock step}

ALWAYS SHINE, ALWAYS SHINE !!!!!!!

Les références des heures ne valent que sur le premier mur

Association spirit of country :

spiritofcountry@hotmail.fr
<http://club.quomodo.com/spiritofcountry/bienvenue.html>