

Yi Jian Mei

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Mei (INA) - March 2020
音乐: Yi Jian Mei by Fei Yu Qing



Start after 37 seconds

I. CROSS, RECOVER, SIDE, CROSS, ½ TURN, CROSS, RECOVER, ¼ TURN FORWARD, ROCK STEP

1,2&3 Cross R over L, recover on L, step R to side, cross L over R
4&5 ¼ turn left step back on R, ¼ turn left step L to side, cross R over L
6&7 Recover on L, ¼ turn right step R forward, step L forward
8& Rock R forward, recover on L

II. BACK, BACK, ¼ TURN TO SIDE, CROSS, SWAY, WEAVE

1,2&3 Step back on R, step back on L, ¼ turn right step R to side, cross L over R
4,5 Step R to side with sway to R - L
6&7& Cross R behind L, step L to side, cross R over L, step L to side
8& Cross R behind L, step L to side

III. FORWARD, SWEEP, DIAMOND, BACK, TOGETHER

1,2&3 Step R forward sweep L, cross L over R, step R to side, 1/8 turn left step back on L sweep R
4&5 Step back on R, 1/8 turn left step L to side, 1/8 turn left step R forward sweep L
6&7 1/8 turn left cross L over R, step R to side, 1/8 turn left step back on L sweep R
8& Step R back, 1/8 turn left step L together *** Restart here on Wall 4 (change Step)

IV. STEP FORWARD, SPIRAL, ROCK, TOUCH BACK, UNWIND ½, ROCK ¼ TURN

1,2,3 Step R forward, step L forward, full turn to right
4&5 Rock R forward, recover on L, step back on R
6.7 Touch back on L, unwind ½ turn left weight on L
8,& Rock R forward, ¼ turn left recover on L

Restart on Wall 4 after 24 counts, on count 1 (Wall 5) turn the body facing 6:00

Begin again ! - Have fun....

Submitted by - Diba Munaf: dibamunaf68@gmail.com