

Shady Lady

拍数: 44 墙数: 2 级数: Easy Intermediate
编舞者: Diana Bishop (AUS) - March 2020
音乐: Shady Lady - Ani Lorak



No Tags No Restarts

Start dance on words 'SHADY LADY'

BACK, FWD, TOG- BACK, FWD, TOG-

1&2.3&4 Back On R, Fwd On L, Step R Next To L. Back On L, Fwd On R, Step L Next To R

HEEL TAPS X 2, BEHIND, SIDE, CROSS

5.6.7&8 Tap R Heel To R Side 2 Times, Step R Behind L, Step L To L Side, Step R Over L

2 X L HEEL TAPS, SIDE STEP, HOLD

1-4 Tap L Heel 2 Times, Step L To L Side, Hold

HIP BUMPS R, HIP BUMPS L,

5&6.7&8 Hip Bump To R X 2, Hip Bump To L X 2

HIP BUMPS R,L,R,L

1-4 Hip Bumps To R,L,R,L Push Hips Each Side

SIDE, BEHIND, TRIPLE STEP

5.6.7&8 Step R To R, Step L Behind R, Step In Place R,L,R

ROLLING VINE TO L or vine if rolling too hard for some

1-4 Turn ¼ To L, Step L Fwd, Turn ¼ L, Step R To R, Turn ¼ To L, Step L To L Side, ¼ To L,
Scuff R Next To L

R ROCKING CHAIR

5-8 Step R Fwd, Recover On L, Step R Back, Fwd On L

½ PIVOT TURN L, STOMP, STOMP

1-4 Step R Fwd, ½ Turn To L, Keep L In Place, Stomp R Fwd, Stomp L Next To R

SHIMMY TO R

5&6.7.8. Step R To R Side, Bend Knees A Little, Shake Upper Body Shoulders Side To Side, Drag L
Up To R, Clap Hands 2 Times

SHIMMY TO L

1&2.3.4 Step L To L Side, Bend Knees A Little, Shake Upper Body Shoulders Side To Side, Drag R
Up To L, Clap Hands 2 Times

BEGIN AGAIN

Last Update – 24 May 2020-R2