

Always Smile

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Jennifer Jones (USA) - March 2020
音乐: Smile - Sidewalk Prophets



Music Available on: iTunes and amazon.com

Begin dance on lyrics (16 counts in)

Section 1: HEEL HOOK, SHUFFLE FORWARD, ROCK RECOVER, SHUFFLE BACK

1,2 Touch R heel forward, lift and cross R foot in front of L
3&4 Step forward R, close L next to R, step forward R
5,6 Rock forward L, recover weight to R
7&8 Step back L, close R next to L, step back L (12:00)

Section 2: STEP BACK, KICK FORWARD, (X2), ROCK RECOVER, STEP ¼ TURN LEFT

1,2,3,4 Step back R, kick L forward, step back L, kick R forward *(Restart on wall 3)
5,6 Rock R step back, recover weight to L
7,8 R step forward, L ¼ turn left, (shifting weight to L) (9:00)

Section 3: PRESS RIGHT RECOVER, TRIPLE STEP, PRESS FORWARD, RECOVER, TRIPLE STEP

1,2 R press to right side, recover weight to L (fan hands up and out sideways)
3&4 Step in place R, L, R
5,6 L press forward, recover weight to R (reach your hand out to “pull” the person up)
7&8 Step in place L, R, L **(Restart on wall 7)

Section 4: STEP FORWARD POINT TO SIDE (x2), STEP BACK POINT TO SIDE (x2)

1,2 R step forward, L point to left side
3,4 L step forward, R point to right side
5,6 R step back, L point to left side
7,8 L step back, R point to right side (9:00)

Begin dance again!

**2 easy Restarts: Both happen on back wall (6:00)

Wall 3 (facing 6 o'clock) restart after count 12 *

Wall 7 (facing 9 o'clock) restart after count 24 ** (you will be facing 6:00 at time of restart)

Ending: Wall 10 (facing 12 o'clock) add a reverse rocking chair after count 12 to finish the dance

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Thank you to Rosie Multari for the technical advice and Gail Dobosz for choosing the song !

Thank- you and enjoy the dance.

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