

Me and Jack

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Me and Jack - Jon Pardi



*1 Tag, 2 restart

SECT. 1: Heel rock – sailor step – heel rock – sailor step

1 RF step fwd (on heel)
& LF recover weight
2 RF step fwd diagonally right (on heel)
& LF recover weight
3 RF step behind
& LF step side
4 RF step side slightly fwd
5 LF step fwd (on heel)
& RF recover weight
6 LF step fwd diagonally left (on heel)
& RF recover weight
7 LF step behind
& RF step side
8 LF step side slightly fwd

SECT. 2: Side touch, beside – kick, step fwd – left side rock, step fwd – mambo step – sailor step ¼ turn left

9 RF side touch
& RF touch next LF
10 RF kick fwd
& RF step fwd
11 LF step side
& RF recover weight
12 LF step fwd
13 RF step fwd
& LF recover weight
14 RF step back
15 LF step behind ¼ turn left (9.00)
& RF step side
16 LF step side slightly fwd

SECT. 3: Step, step – mambo step – full turn – ½ turn left shuffle fwd

17 RF step fwd
18 LF step fwd
19 RF step fwd
& LF recover weight
20 RF step back
21 LF ½ turn left step fwd (3.00)
22 RF ½ turn left step back (9.00)
23 LF ½ turn left step fwd (3.00)
& RF step next LF
24 LF step fwd

SECT. 4: Step turn – ½ turn left, right shuffle back – left shuffle back – ½ turn right step fwd – stomp left

25 RF step fwd
26 ½ turn left (9.00)
27 RF ½ turn left, step back (3.00)
& LF step next RF
28 RF step back
29 LF step back
& RF step next LF
30 LF step back
31 RF ½ turn right step fwd (9.00)
32 LF stomp next RF

SECT. 5: Swivel – coaster step – rockin' chair

33 Weight on right toe and left heel and swivel left
& Return to the center
34 Weight on right toe and left heel and swivel left
& Return to the center
35 LF step back
& RF step next LF
36 LF step fwd
37 RF step fwd on heel
& LF recover weight
38 RF step back
& LF recover weight
39 RF step fwd on heel
& LF recover weight
40 RF step back
& LF recover weight

SECT. 6: Hill jack – step fwd, heel bounce ¼ turn left – left sailor step ¼ turn left

41 RF step cross over
& LF step side
42 RF heel touch diagonally
& RF recover weight
43 LF step cross over
& RF step side
44 LF heel touch diagonally
& LF recover weight
45 RF step fwd
46 ¼ turn left heel bounce (6.00)
47 LF ¼ turn left, step behind (3.00)
& RF step side
48 LF step side slightly fwd

TAG – At end of wall 2 and wall 7

Step turn – step turn

1 RF step fwd
2 ½ turn left
3 RF step fwd
4 ½ turn left

RESTARTS:-

At 5 wall after 32 counts

At 6 wall after 32 counts

