

One Margarita

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Arlene Jones (USA) - March 2020
音乐: One Margarita - Luke Bryan



***3 easy restarts (all in Sec. 3) on rotations 3 & 4 after 24 counts and rotation 7 after 20 counts

Sec. 1: Rock & Step 3 Times Moving Forward, 3 Progressive Diag Toe Taps

1 & 2 R rock R, recover on L, R step in front of L
3 & 4 L rock L, recover on R, L step in front of R
5 & 6 R rock R, recover on L, R toe touch beside L
7 & 8 R tap fwd diag 3 times diag toward 1:30 going further out each time (1:30)

(Body turns toward direction of 1:30 and on 3rd tap taking weight on R foot)

Sec. 2: L Hitch, L Step Back, Coaster, L Lock Step, R Step Fwd & 1/2 L Pivot

1 - 2 L hitch towards 1:30, L step back squaring up to 3:00 (3:00)
3 & 4 R step back, L step beside R, R step forward
5 & 6 L step fwd, R lock behind L, L step forward
7 - 8 R step fwd and pivot 1/2 L (9:00)

Sec. 3: R Lock Step, L Fwd Mambo, 2 Steps Back, 2 R Taps beside L

1 & 2 R step fwd, L lock behind R, R step fwd
3 & 4 L step fwd, R step in place, L step beside R

Restart - rotation 7 after 20 counts (after repeat of words "ain't feelin' no pain")

5 - 8 2 steps back R L, 2 R taps beside L

Restart - here on rotations 3 & 4 after 24 counts

Sec. 4: Cross Shuffle, 1/2 L Turn, Cross Shuffle, Side Steps, Taps

1&2& R cross step over L, L step L, R cross step over L, turn 1/2 L (3:00)
3 & 4 L cross step over R, R step R, L cross step over R
5 - 8 R step R, L tap beside R, L step L, R tap beside L

Ending - Dance will end after Sec. 1 facing 9:00. On counts 7 & 8, while doing 3 taps turn to front (12:00), stomp on last tap and pose with palms facing front and arms waist high.

This is during an instrumental and will be a few more beats. Hold pose. And smile!

Begin Again. Feedback is welcome.

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