Heartbreaker



编舞者: HP Low (UK) - March 2020

音乐: How to Be a Heartbreaker - Marina and The Diamonds



This is the full version of the song which lasts 3.40

There is also a beginner dance (Little Heartbreaker) to a shorter version of the song

SECTION 1 (16 ct intro): Side behind 1/4 shuffle fwd, rock recover, coaster step

1,2,3&4 Step R foot to R, step L foot behind R foot, ¼ turn to R, step R foot fwd, step L foot behind R

foot, step R foot Fwd

5,6,7&8 Step L ft fwd , recover to R ft, step L ft back, step R ft next to L ft, step L ft fwd

SECTION 2: V-steps, diagonal back steps with holds

1-4 Step R ft diagonally to 1.30, Step L ft diagonally to 10.30 step R ft back, step L ft next to R ft

&5,6,&7,8 Hop R ft diagonally back 4.30, touch L ft next to R ft HOLD, Hop L foot diagonally back to

7.30, touch R ft next to L ft HOLD,

SECTION 3: Monterey 1/4 turn to R, jazz box in place

1-4 Touch R ft to R, Step R ft next to L ft, turning ¼ to R, Touch L ft to L ft, step L ft next to R ft.

5-6 Cross R ft over L ft, step back on L ft, step on R ft, step L ft next to R ft

SECTION 4: Half a K step, hip bumps R-L-R-L

1-4 Step R ft diagonally to 1.30, touch L ft next to R ft, step L ft diagonally back to 7.30, step R ft

next to L ft

5-6 Hip bumps R-L-R-L, ending with weight on L

TAG (when the music stops abruptly after wall 10 (12.00) and goes into the slow mode) Vine to R, shuffle, rock back recover

1-4 (SLOW TEMPO) step R to R side, step L behind R, step R to side, cross L over R

5&6,7,8 Step R foot to Right, Step L Foot next to R, Step R Foot to R. Rock Left ft back recover to R

foot

Vine to L, Shuffle, rock back recover

1-4 (SLOW TEMPO) Step L foot to left, Step R behind L ft, step L ft to L side, Cross R ft over L ft.

5&6,7,8 Step L foot to Left, Step R Foot next to L, Step L Foot to L. Rock Right ft back recover to L

foot

Vine to R, rock recover behind side cross

1- 4 (SLOW TEMPO) step R to R side, step L behind R, step R to side, cross L over R

5,6,7&8 Rock R ft to R, recover to Left ft, Step R ft behind L Ft, Step L Ft to L, Cross R ft over L ft

Vine to L, rock recover behind side cross

1- 4 (SLOW TEMPO) Step L foot to left, Step R behind L ft, step L ft to L side, Cross R ft over L ft. 5,6,7&8 Rock L ft to L, recover to Right ft, Step L ft behind R Ft, Step R Ft to R, Cross L ft over R ft

2x fast 1/4 turns to left, 8 x double hip bumps

1-4 (Music is still slow at this point)) Step R ft turn ¼ to L (twice)

1-16 (Music speeds up) double Hip bumps to R-L-R-L-R-L ending with weight on L

RESTART

