

I Cry Every Night

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ira Weisburd (USA) - March 2020
音乐: I Cry - Ronnie Beard



Rhythm: WCS (West Coast Swing)

Introduction: 4 cts. Start after count in "5-6-7-8"

NO TAGS !! NO RESTARTS !!

PART I. (FORWARD, FORWARD, ANCHOR STEP; BACK, LOCK, STEP, ROCK BACK, RECOVER)

1-2 Step R forward, Step L forward
3&4 Step R behind L ankle, Rock forward onto L, Recover back onto R
5&6 Step L back, Step R across L, Step L back
7-8 Step R back, Recover forward onto L

PART II. (SHUFFLE 1/2 L TURN, ROCK BACK, RECOVER; SHUFFLE 1/2 R TURN, ROCK BACK, RECOVER)

1&2 Step R forward making 1/4 L Turn (9:00), Step-close L beside R, Step R back making 1/4 L Turn (6:00)
3-4 Step L back, Recover forward onto R
5&6 Step L forward making 1/4 R Turn (9:00), Step-close R beside L, Step L back making 1/4 R Turn (12:00)
7-8 Step R back, Recover forward onto L

PART III. (SIDE, RECOVER, SAILOR STEP; SAILOR STEP, ROCK BACK, RECOVER)

1-2 Step R to R, Step L to L
3&4 Step R back, Step L to L, Step R to R
5&6 Step L back, Step R to R, Step L to L
7-8 Step R back, Recover forward onto L

PART IV. (CROSS ROCK, RECOVER, 1/4 R SHUFFLE TURN; 1/2 R SHUFFLE TURN, ROCK BACK, RECOVER)

1-2 Step R across L, Recover back onto L
3&4 Step R to R, Step-close L beside R, Step R to R making 1/4 R Turn (3:00)
5&6 Step L forward making 1/4 R Turn (6:00), Step-close R beside L, Step L back making 1/4 R Turn (9:00)
7-8 Step R back, Recover forward onto L

REPEAT DANCE.

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