

Swang It

拍数: 32 墙数: 4 级数:
编舞者: Dan Moon (USA) - March 2020
音乐: Bachelorettes on Broadway - Willie Jones



Side Behind Cross & Cross, Rock Recover Step w/ 1/2 turn, Giddy up

1,2& - Side R behind L side R
3&4 - Cross L over R, side R, Cross L again (ending 1/4 turn to your R)
5&6 - Rock forward onto R, recover L as you start 1/2 turn, step R forward
&7&8 - R step forward, L step forward, R step back, L step back

Stomp, Swang It, Side Shuffle, Step & Turn

1,2,3,4 - Stomp R then L, sway hips R to L
5&6 - shuffle RLR to the R with 1/4 turn R
7&8 - Step L forward, pivot 1/2 turn over right shoulder weight on R, step L forward

Forward & Side & Coaster Step

1&2& - R foot forward, place back together, R side, together
3&4 - coaster step RLR
5&6& - L foot forward, place back together, L side, together
7&8 - coaster step LRL

Cross & Heels, Step sways

1&2 - Cross R over left as you 1/4 turn R, step L side, R heel
&3&4 - Weight on R, Cross L over R, side R, L heel
5,6 - Step R as you booty sway 1/4 L
7,8 - Step R as you booty sway 1/4 L

Tag (Beginning of Wall 4)

1,2,3,4 - Shake R, point L out twice
5,6,7,8 - Shake L, point R foot out twice
1,2, 3&4 - Rock fwd on R, recover L, triple backward RLR
5,6,7&8 - Rock back on L, recover R, triple fwd LRL
