

Enjoy The Here And Now

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Low Improver
编舞者: Step5678 (USA) - March 2020
音乐: Here and Now - Kenny Chesney



Intro: 16 Counts

Restart On Wall 6 After 16 Counts

S1: Step-Tap, Step-Kick, Behind-Side-Cross (R), Hold

1-4 Step R on right diag. (1), Tap L toe behind R (2), Step L back (3), Kick R on diag. (4)
5-8 Step R behind L (5), Step L to left side (6), Cross R over L (7), Hold (8)

S2: Step-Tap, Step Back, Hold, ¼ Left Sailor Step, Hold

1-4 Step L on left diag, (1), Tap R toe behind L (2), Step R back (3), Hold (4)
5-8 Step or sweep L behind R (5), Turn ¼ left- step R to right side (6), Step L fwd (7), Hold (8)

Restart Here On Wall 6

S3: Stomp Fwd (R), Heel Twist (L), Stomp Fwd (L), Heel Twist (R)

1-4 Stomp R fwd (1), Twist L heel in (2), Twist L toes in (3), Twist L heel in (4)
5-8 Stomp L fwd (5), Twist R heel in (6), Twist R toes in (7), Twist R heel in (8)

S4: Back (R), Touch (L), Back (L), Touch (R), Rock Back/Recover (R), Stomps (R)

1-4 Step R back (1), Touch L next to R (2), Step L back (3), Touch R next to L (4)
5-8 Rock R back (5), Recover on L (6), Stomp R (7), Stomp R (8) (stomp ups)

S5: Vine Right, ¼ Left Vine

1-4 Step R to right (1), Step L behind R (2), Step R to right (3), Touch L next to R (4)
5-8 Step L to left (5), Step R behind L (6), Turn ¼ left - step L fwd (7), Touch R next to L (8)

S6: Vine Right, ¼ Left Vine

1-4 Step R to right (1), Step L behind R (2), Step R to right (3), Touch L next to R (4)
5-8 Step L to left (5), Step R behind L (6), Turn ¼ left - step L fwd (7), Touch R next to L (8)

S7: K-Step With Scuff (R)

1-4 Step R fwd on diag. (1), Touch L next to R (2), Step L back on diag. (3), Touch R next L (4)
5-8 Step R back on diag (5), Touch L next to R (6), Step L fwd on diag. (7), Scuff R past L (8)

S8: Rocking Chair x 2 (R)

1-4 Rock R fwd (1), Recover on L (2), Rock R back (3), Recover on L (4)
5-8 Rock R fwd (5), Recover on L (6), Rock R back (7), Recover on L (8)

(Optional.... ½ Left Pivot Turns For The Last Rocking Chair)

Let's Dance!!!

Contact: keepstpn@aol.com