

Lips Are Movin

拍数: 32 墙数: 4 级数: Beginner
编舞者: Tess van Zuydam (UK) - March 2020
音乐: Lips Are Movin - Meghan Trainor



Dance begins after 16 count intro

Section 1: (1-8) Step touches and chassis

1 2 Step right to right side, touch left to right,
3 4 Step left to left side, touch right to left
5 6 Step right to right side, touch left to right
7 8 Step right to right side, touch left to right

Section 2: (9-16) Step touches and chassis

1 2 Step left to left side, touch right to left
3 4 Step right to right side , touch left to right
5 6 Step left to left side ,touch right to left
7 8 Step left to left side , touch right to left

Section 3: (17-24) Monterey turn and Shuffles

1 2 Point the right toe out to right side, turn a $\frac{1}{4}$ to the right while bringing the right foot back to left
3 4 Point left toe out to left side and bring back beside right
5&6 Step forward right, Step left next to right (&), step forward right
7&8 Step forward left, step right next to left (&), step forward left

Section 4: (25-32) Squish the bug and coaster steps X 2

1&2 Step forward on the right onto your toe, swivel heel out to the right and back in
3&4 Step back on the right, Step left next to right, step forward on the right
5&6 Step forward on the left onto your toe, swivel heel out to the left and back in
7&8 Step back on the left, step right next to left, step forward on left

The dance ends facing the start wall after 3 revolutions. To finish, dance up to the coaster step at the end of section 4 and then point the left toe out in front but don't squish the bug because that's the last beat!

ENJOY!