

Reggae Nong Nong Nong

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Heru Tian (INA) - March 2020
音乐: China Reggaeton (feat. Anthony Wong (黄秋生)) - Namewee (黄明志)



Dance Sequences: A Bbb Bbb Aa B B(16 Counts)

Part A (16 Counts)

Section 1

1 , 2 Cross Samba Step (Left, Right)
3&4 Cross Shuffle (Left Right Left)
5, 6 Cross Samba Step (Right, Left)
7&8 Cross Shuffle (Right Left Right)

Section 2

1&2 Side Mambo Step (Side Rock ,Recover, Close)
3&4 Body Row /Shimmy
5&6 Side Mambo Step (Side Rock ,Recover, Close)
7&8 Body Row /Shimmy

Part B (32 Counts)

Section 1

1, 2 Touch Left Foot To Right Diagonal, Touch To Side
3&4 Hip Bum (2 Times)
5, 6 Touch Right Foot To Left Diagonal, Touch To Side
7&8 Hip Bum (2 Times)

Section 2

1&2 Mambo Step Started With Left Foot
3&4 Coaster Step Started With Right Foot
5 -8 Polka Step Started With Left Foot

Section 3

1-4 Half Diamond Step Started With Right Foot
5&6 Side Rock Right Foot And Close (Shimmy)
7&8 Side Rock Left Foot And Close (Shimmy)

Section 4

1-4 Half Diamond Step Started With Right Foot
5&6 Mambo Step With Half Turn Started With Right
7, 8 Rock Back Left Foot And Recover

Start After 16 Counts (Er Hu Sound)
