

# My Brother Ain't Heavy

**COPPER** **KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Salfoo (MY) - March 2020  
音乐: He Ain't Heavy...He's My Brother - The Osmonds



Intro: On the word 'long'

\*\*\* 1 RESTART/ NO TAGS (Wall 6 after 16 Counts)

## [01-08] SYNCOPATED FORWARD ROCKS, RUN BACK L, R, L, BACK, RECOVER

1-2 & 3-4      Rock R Forward, Recover Onto L, Step R Beside L (&), Rock L Forward, Recover Onto R  
5&6            (Take Slow) Run L Backward, Run R Backward, Run L Backward  
7-8            Step R Backward, Recover Onto L

## [09-16] SHUFFLE FORWARD, SIDE, RECOVER, TOGETHER, SHUFFLE FORWARD, FORWARD, RECOVER, 1/4 L

1&2            Step R Forward, Close L Beside R, Step R Forward  
3&4            Step L To L, Recover Onto R, Close L Beside R  
5&6            Step R Forward, Close L Beside R, Step R Forward  
7&8            Step L Forward, Recover Onto L, Make a 1/4 L Turn Step L To L

**RESTART Wall 6, After 16 Counts**

## [17-24] CROSS, SIDE, WEAVE , SIDE, RECOVER, SAILOR STEP

1-2 3&4      Cross R Over L, Step L To L, Cross R Behind L, Step L To L, Step R Forward  
5-6            Step L To L, Recover Onto R,  
7&8            Step L Behind R, Step R To R, Step L To L (Angle Body To L)

## [25-32] CHASE TURN, DOROTHY STEP, MAMBO STEP

1-2 3-4      Step R Forward, Make a 1/2 L Turn, Step R Forward, Make a 1/2 L Turn  
5-6 &        Step R Diagonally Forward, Lock L Behind R, Step R Diagonally Forward (&)  
7&8            Rock L Forward, Recover Onto R, Step L Beside R

**START AGAIN...HAVE FUN!**

**Ending: Counts 15 &16, Change Steps To Forward, Pivot 1/2 R, Forward To Face Front.**

Dedicated to my Brother, Roger Foo.

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