

Before You Go

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Rebecca Ross (AUS) & Lauren Hamilton (AUS) - February 2020
音乐: Before You Go - Lewis Capaldi : (Album: Divinely Uninspired To a Hellish Extent
- 3.36)



Intro: 8 Counts (2/4 wall)

[1-8] Back, Sweep, Sailor Step, Behind, ¼, Full Turn (or 2 Walks Forward)

1 2 3&4 Step L back, Sweep R around behind left, Step R behind left, Step L to left, Step R to right
5 6 Step L behind right, Turn 90° right step R forward (3)
7 8 Turn 180° right step L back, Turn 180° right step R forward

[9-16] Forward, Rock, Back-Lock-Back, Back, Rock, ½ Turn Shuffle

1 2 3&4 Step L forward, Rock/Recover back on R, Step L back, Lock R over left, Step L back
5 6 7&8 Step R back, Rock/Recover onto L, Turn 180° left shuffle back: RLR (9) ##

[17-24] Behind, Side, Cross-Side-Behind, ¼, Rock, 1½ Turn Triple (or ½ Turn Shuffle)

1 2 3&4 Step L behind right, Step R to right, Cross L over right, Step R to right, Step L behind right
5 6 Turn 90° right step R forward, Rock/Recover back onto L (12)
7&8 Turn 180° right step R forward, Turn 180° right step L back, Turn 180° right step R forward
(6)

[25-32] Forward, Rock, Back-Lock-Back, ½, Rock, ¼, Cross

1 2 3&4 Step L forward, Rock/Recover back on R, Step L back, Lock R over left, Step L back
5 6 Turn 180° right step R forward, Rock/Recover back on L (12)
7 8 Turn 90° right Step R to right, Step L across in front of right (3)

[33-40] Side, Drag, Behind-Side-Cross, ¼, Rock, ½, ¼

1 2 3&4 Step R to right, Drag L towards right, Step L behind right, Step R to right, Cross L over right
5 6 Turn 90° right step R forward, Rock/Recover back on L (6)
7 8 Turn 180° right step R forward, Turn 90° right step L to left (3)

[41-48] Behind, Side, Cross- Side-Heel (Vaudeville), Together, Cross, Side, ¼ Coaster

1 2 3&4 Step R behind left, Step L to left, Cross R over left, Step L to left, Touch R heel to right
diagonal
&5 6 Step R beside left, Cross L over right, Step R to right
7&8 Turn 90° left step L back, Step R beside left, Step L forward (12)

[49-56] Dorothy, Dorothy, Forward, Rock, Together, Step, Pivot

1 2& Step R to right diagonal, Lock L behind right, Step R to right diagonal
3 4& Step L to left diagonal, Lock R behind left, Step L to left diagonal
5 6& Step R forward, Rock/Recover back onto L, Step R beside left
7 8 Step L forward, Turn 180° right step R forward (6)

[57-64] Cross Samba, Cross Samba, Back, Sweep, Sailor Step

1&2 Cross L over right, Step R to right, Rock/Recover onto L
3&4 ** Cross R over left, Step L to left, Rock/Recover onto R **
5 6 7&8 Step L back, Sweep R around behind left, Step R behind left, Step L to left, Step R to right

Tag End Wall 6: Add the following 8 count Tag:

Back, Sweep, ¼ Sailor Step, Forward, Drag, Back, Drag

1 2 Step L back, Sweep R around behind left
3&4 Turn 90° right step R behind left, Step L to left, Step R to right
5-8 Step L forward, Drag R up to left, Step R back, Drag L back towards right

Restarts

Wall 1: Dance to Count 60 ** and restart at the 6 o'clock wall.

Wall 3: Dance to Count 16 ## and restart at the 9 o'clock wall.

Finish Wall 7: Dance to Count 40 and complete the following:

¼ turn back on R to face the front dragging L back towards right to finish.

Please feel free to copy this sheet provided that no changes are made to the original script.

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